Ivinghoe Beacon Magazine



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Inside this Issue:

- Lord Gardiner visits Beacon Villages Community Library
- Tring Station LiftShare
- St. Mary's Christmas Market



The Quarterly Magazine of Ivinghoe Parish Council

The **Beacon** Team...

he Beacon Magazine would not reach your door without the kind help of the volunteer band of distributors.

Many thanks to them all; Gloria Snowdon, Les Hyde, Pat Roach, Rob and Ann Cattle, Wendy Farrington, Keith Haynes – it couldn't be done without you!

If you have any skills that will help us to keep the magazine going or you would like to submit an article, please let us know as we are always looking for new and varied talents!



Editor: Bridget Knight Tel: 07960 605393 Email: ivinghoeparishclerk@gmail.com

Advertising Manager: Bridget Knight Tel: 07960 605393

Email: ivinghoeparishclerk@gmail.com

Design and Artwork: Laila Palfrey Tel: 01525 222214 Email: laila@breezdesign.co.uk

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BEACON COPY AND ADVERT DEADLINES

We aim to get the magazine distributed around the beginning of every February, May, August and November. To ensure your article or feature makes the edition you would like please see the submission deadlines below:



February 2020 Edition – 3 January 2020 May 2020 Edition – 3 April 2020 August 2020 Edition – 3 July 2020 November 2020 – 3 October 2020

NB: Rates are for 4 editions.

Artwork must be supplied

as a jpeg or a pdf file.

This summer the lvinghoe play area has been busier than ever with the popular

cable wire at lvinghoe Lawn which was funded by Awards for All from the National Lottery, we are pleased local businesses have also benefited from the boost in visitors.

We would like to thank AVDC for their New Homes Bonus Grant funding which will allow us to fund new wheelchair friendly access to lvinghoe Aston and a new inclusive roundabout for both play areas. In lvinghoe we will also be installing new fencing around the play area and a new pedestrian gate opposite the Kings Head. The fencing has been recommended after play area inspections to make the children's play area more secure and dog-free.

Ivinghoe Hub

Play Areas

We were pleased to support the lvinghoe Old School Village Hub's application for AVDC New Homes Bonus which will fund the restoration of the Hub floor.

Litter

We would like to thank Michael Roach for the litter collection he has done in lvinghoe and wish him well with his studies at university. Thank you to the volunteers who litter pick in lvinghoe Aston and lvinghoe.

Ivinghoe Village Show

The lvinghoe Village Show was a great success, well done to all the organisers



Welcome from the Chair

Karen Groom, Chair, Ivinghoe Parish Council

and everyone who took part. Further report and photos in the magazine.

Tring Station Transport

A new car sharing scheme has been set up by the train operator with details available in this magazine, this might be of interest to some commuters.

Ivinghoe Traffic Calming

The Ben Hamilton Bailee Scheme is still planned for lvinghoe village and Great Gap. Bucks CC have undertaken a feasibility scheme for the project, and we are seeking further part funding for the scheme. The project is being run jointly with Pitstone PC and we should have further information over the next few months.

Brownlow Bridge

Ivinghoe Parish Council were sent copies of over 50 emails which residents have sent to the Bucks CC Freight Strategy Officer about the Brownlow Bridge weight limit. We wait further response from Bucks County Council and we will share further information with the residents via our website and Facebook page.

LED Streetlighting

The LED lighting scheme is underway and should be near completion when you read this.

Ivinghoe 1950 photograph

The original photograph taken over lvinghoe in 1950 has been restored and a copy will be placed in lvinghoe Town Hall. Thank you to Louisa Stobbs for organising this, please see the photograph taken by Louisa Stobbs Photography.

Beacon Villages Community Library

We were pleased to welcome Lord Gardiner of Kimble to Ivinghoe and show him the library, further information and photos in this magazine.

Christmas Markets

Don't forget to visit the Christmas Market's in Ivinghoe. The church Christmas Market is being held on the 16th November and the Hub Christmas Market on the 22nd November.

I would like to finish by wishing everyone a very Happy Christmas.

Website

Please check the website for regular updates: **www.ivinghoepc.org.uk**

Photograph (left) courtsey Louisa Stobbs Photography.

Have you ever thought about 'growing your own'? Growing your own fruit and vegetables can be a very satisfying experience and in lvinghoe we are very lucky to have some beautiful allotments just off Church Road, overlooking St Mary's Church.

If you are an lvinghoe resident and would like some more information about availability of plots - we have them in a range of sizes - please contact the Parish Clerk at <u>ivinghoeparishclerk@gmail.com</u>

NB: there may not always be an available plot but we do keep a waiting list!



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Rikk**IA**bout

Madagascar

In the film, four animals escape from Central Park Zoo and unexpectedly find themselves stranded in Madagascar where they must learn to adapt to the wild. Alistair Razak and seventeen others from Sir Henry Floyd Grammar School will find themselves in a similar situation next summer, except they will be well prepared for their World Challenge expedition. Once in Madagascar, they will help with community irrigation and classroombuilding projects but will also have time for treks in the Ranomafana National Park and in mountainous areas, where they will be able to enjoy the spectacular scenery and unique wildlife. They will be staying in tents and mountain lodges, buying and cooking their food and finding their own way around. Teamwork will be key, and they will have experiences which will set them up for life as caring world citizens.

On a warm but blustery August Sunday, Alistair and his musically-talented schoolfriends and family (Dane, Joe, Kris, Luke and Sophia) put on a fund-raising concert at Moses Cottage. The twohour programme of classical and popular



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music on keyboard, guitar and trombone, sometimes accompanied by Sophia's wonderful singing, was truly stunning in its quality, and the audience was treated to a very memorable afternoon.

Got any problems with technology that you can't solve? Alistair can help with any IT problems you are having for a small donation to his world challenge expedition. Email: **alistair.razak@gmail.com.** See also www.gofundme.com/f/world-challengeexpedition-to-madagascar.

Village Broadband update

The Openreach Community Fibre Partnership project is entering the late stages of delivery. To keep up-to-date, make sure you're a member of the "Ivinghoe Aston Residents" Facebook group or keep an eye out for village e-mails.

Walkies?

Very many thanks to Maddie Taylor and Joan Ward who have been hiking the length and breadth of the village four times a year to avail you of this vital organ of communication. We now need others to take their place. Please get in touch with them or me if willing.

Talking of walkies, on asking around for village matters to report in this issue, the lack of a safe footpath at the north end was voiced – a concern first raised by one Charlotte Ketts, then 7, now three times that age. With a successful broadband campaign nearing its conclusion, could we make this our next community push?

On a brighter note, literally, I'm writing this on the evening of 19th September and can see an illuminated pavement for the first time in ages. I'm told that the replacement lamp posts are not 5G compatible and hence can't be used as a "weaponised spy and killing instrument" (to quote a resident). I have little idea what this means – I'm just happy to see the light.

Slow Down

You have doubtless spotted the smart yellow signs at each end of the village proclaiming it a "Community speedwatch area". This means that those good volunteers who operate the speed cameras on occasions no longer have to put up notices that give the game away. This, hopefully, will encourage people not to risk it.

The Village Swan

Have you called in recently? New décor, new bar top, new carpets, new menu.

Is Anybody There?

I'm still hoping that somebody will step forward to take over this column after the May 2020 issue. A bit of advice, though: proof-read carefully to see if you any words out.

Rikki Harrington

Brampton, Ivinghoe Aston **01525 220625**; harrington.rikki@gmail.com.

Please get in touch if you have any news, views or ideas!

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WI News... Ivinghoe & Pitstone Women's Institute



ell summer came and went in the blink of an eye and now we're beginning to enjoy the delights of autumn.

Our August meeting saw us off on a mystery tour. As we left the village heading east, there were cries of 'Are we going to the zoo?' and 'Oooo are we going gliding?' (now that's an idea!) But no, we were off to Dunstable Priory – who knew that there was so much history on our doorstep? Did you know that the marriage of Henry VIII and Catherine of Aragon was annulled in Dunstable? Our guide was both engaging and informative and many of us have vowed to return. The evening moved on to Cheddington WI where the ladies had prepared a wonderful supper for us to enjoy. A treat of an evening.

During August seven of our members joined Long Marston and Puttenham WI for an evening of Scottish dancing whilst another five went to a very posh garden party at Wing WI.

September saw a change of speaker to that which we'd advertised and what a stroke of luck it turned out to be! Eugene Mathias is a magician, Toastmaster and a talented motivational speaker. He enthralled us all with the stories of how his magic tricks had elevated him from the clutches of the school bullies. He recruited some of our ladies as his assistants for his tricks and whilst he showed how a couple of them worked, we were baffled by the rest! An evening of fun and laughter with a little tear for that little boy of long ago.

A group of us went to Aley Green Methodist Church for afternoon tea and it was lovely – all crisp white cloths and vintage china. We were treated to a feast whilst enjoying the company once more of Lorraine and her team who had visited us earlier in the year and who made us so welcome. We stocked up on a few edible goodies to bring home for the forthcoming Christmas season, thereby boosting funds for that lovely little church. (If anyone would like to take a group of 10+, give me a call and I'll give you the number).

October will be another busy month – we like it that way! We will be learning about the origins of Nursery Rhymes at our meeting and then we've got our long awaited Boodlums cabaret and supper evening.

November will see our AGM and the election of next year's committee. We're also having a short talk about how social media can be safely used to good effect for groups like ours. Probably not a good meeting for visitors!

We're busy finalising next year's programme and it looks to be another busy and varied one. Our walking group is planning to walk the Chiltern Way, in stages you understand, to celebrate the 100th anniversary of the Buckinghamshire Federation of WI's. Others are hoping to walk 100 miles.

Our craft group continues to thrive on the basis that we learn from each other- we're attempting (probably a good choice of word in my case!) cross stitch gift tags next. We're lucky to have talented crafters in our group who are willing to share their skills so patiently!

Want to have a chat about seeing if the WI is for you? It's a myth that you have to be over 60! Give me a ring on **01296 709281 / 07742 138955** or email **s_a_eyre@hotmail.com**



Ivinghoe Town Hall... News!

hank you – to all our regular and ad-hoc Hirers! At our recent meeting we were pleased to report that although we experienced the usual and expected dip in bookings over the summer period, all is going well and the Town Hall remains a key venue for the community.

The Ivinghoe Town Hall Management Committee (ITHMC) are still in need of 'Chairperson'. It is not an arduous job but someone local who would like to contribute to its success by supporting the small dedicated team which keeps everything afloat for the benefit of Ivinghoe, Pitstone and all our Local Villages who use it. Karen Groom has agreed to chair our meetings on a temporary basis, for which we are very grateful, but we look forward to meeting our new Chairperson. Could it be you?

The Town Hall incorporates the "Beacon Villages Community Library" (BVCL). Together they are registered as (ITHMC -Charity No.300287) and is run on a nonprofit basis with enough income to run and maintain the 'interior' decor of the Town Hall and Library. Bucks CC is responsible for the 'Exterior'. The library held it's AGM in July and all of the documentation is available on the library website.

As we reported last quarter, your Town Hall is a 17th Century Grade II building and it does require substantial remedial maintenance. Bucks CC have now obtained financial estimates , and we look forward to the commencement of the work once planning permission has been achieved. We will keep everyone updated via The Beacon.

Useful tel no's and email

The Beacon Villages Community Library Tel: **01296-87890** Email: **info@bvcl.org.uk** The lvinghoe Post Office and Shop Tel: **01296 660682**

Ivinghoe Town Hall regular events:

Monday: 4pm – 8pm – Ballet Lisa Sabatinni (07834 281434) Monday: 8pm – 9pm – Boxercise Josh Thompson (07456 574405)

Tuesday: 9.45am – 12pm – **Beacon Art** Marion Jackson (01296 668429) **Tuesday:** 7pm – 8pm – **Zumba** Carolyn Syme (07941 092673) **Tuesday:** 8.15pm – 10.15pm – **Morris 'New Moon' Dancers** Martin Lindridge (07803-149490)

Wednesday: 9.15am – 10.15am Natural Pilates Andrea (07855 138005) Wednesday: 7pm – 8:30pm Yoga Sally Craig (07753-985155)

Thursday: 9.30am – 10.30am Zumba Fitnes Joanna Read (07912 644654) Thursday: 7.00pm – 10.00pm W.I. 2nd Thursday of each month Sue Eyre (01296 709281 or 07742 138955)

To Hire lvinghoe Town Hall:

Stephen Swinbank (The Booking Secretary) on **01296 660680**.

Or email: **spswinbank@gmail.com** Please try the web site at

www.ivinghoetownhall.org.uk where you can see regular activities and search for Hall availability dates, and make a Booking enquiry online.



Historic user-friendly Hall with awards for Best Used and Managed Small Hall in the County. Sited in the centre of the Village, the Town Hall provides modern facilities for local groups, parties and fundraising activities.

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FORD END WATERMILL IVINGHOE, BUCKINGHAMSHIRE

The only working watermill to survive intact in the county. The mill, recorded in 1616 but probably much older, was in use until 1963.

Now restored by volunteers and run by Ford End Watermill Society, it retains all the atmosphere of a small farm mill of the late 1800s. Visitors can work the sack hoist and mill wheat on a rotary hand quern. Stoneground wholemeal flour for sale on milling days.

OPENING TIMES 2019

Open between 2pm and **5pm** on the following dates with **milling demonstrations** between **2-30pm and 4-30pm approx Water level permitting**

Last Admission 4-30pm. Admission: Adults: £3 children (5–15) £1 31st March - Sunday • 22nd April-Easter Monday • 6th May-BH Monday 12th May - National Mills Sunday • 27th May-BH Monday 16th June - Sunday • 14th July - Sunday • 29th July - Sunday 11th August - Sunday • 26th August - BH Monday • 8th September - Sunday 13th October - Sunday as part of Tring's Own Apple Fayre. Ample car parking – no toilet facilities. Restricted disability access School and other parties welcome by arrangement. Contact: Mill Manager - Chris Tugby, millman@fordendwatermill.co.uk or Telephone: 01442 825421. www.fordendwatermill.co.uk



LOCATION Station Rd, Ivinghoe, Bucks LU7 9EA 600 metres from the church along Station Road. The B488 to Leighton Buzzard.



FORD END WATERMILL

Ford End Watermill, for those not familiar with it, is a small farm mill, which has produced flour and animal feed for centuries. On Station Road, just a short distance from the centre of lvinghoe, it is run today entirely by volunteers. The mill is fully operational and we mill at each opening to the public. Our wholemeal flour is much sought after.



Would you like to join our team of volunteers?

We would welcome volunteers who can:

- help maintain the mill through this Autumn, Winter and Spring in readiness for next year's openings.
- help us welcome our visitors as they arrive for one of our openings each Summer - on Sundays and Bank Holidays; and/or
- guide visitors around the mill describing how we use the power of water from our millpond to drive our waterwheel, our gears and our millstones to produce our sought-after wholemeal flour.

There are opportunities for individuals with a variety of skills. So whether your preference is to meet our visitors, to explain all about the mill to visitors or to get to grips with the mill building and its machinery – the choice is yours. We can provide you with the necessary training and we have all the relevant information about the mill – how it works, its history and how it has been restored.

We are a friendly group. All of us are committed to conserving this priceless resource for future generations. We can provide new volunteers with the satisfaction that comes from showing how the sustainable power of water can be used to produce flour for the baking of bread.

So, if you are interested, please telephone: John Wallis on **01296 661997**; Chris Tugby on **01442 825421**; or Stephen Booth on **01296 661745**.

You can also contact us by email at millman@fordendwatermill.co.uk

Stephen Booth, Chairman, Ford End Watermill Society

Our Hub run by this community for all

HOW TO BOOK HUB SPACE: Booking space within the Hub is easy but needs to follow through by the Hirer who:

 Approaches café team who man the Hub Diary 7 days a week at café counter or the Hirer approaches Trustee team via phone 01296-661666 or email lvinghoeoldschoolcommunityhub@btconnect.com

Half space £9/£7 per hour or whole hall £12/£10 per hour. (or an element of the IT Room after negotiation)

2. The process is explained by obtaining from either source a **vital Booking Form** which includes the extra special options bookable, the insurance cover and awareness of the hirers cleaning up obligations – to be filled in and returned within 7 days and the fee paid – if not then – no later than

3 days before the date booked.

3. By this returned form and fee, the booking is made **formal and then penned into diary** which means it cannot be over-ridden or double booked – This booking then translates to our 'digital diary' graphically – charted monthly by Bob to ensure visual awareness of all bookings- posted on Facebook Page, web-site and email data-base, hard copy on Notice Board for Public viewing.

Join in with your DIY skills please! You are all so welcome to join in!

Hub News...

hank you for your fulsome support for the marvellous traditional day we all shared between our twovenue annual lvinghoe, lvinghoe Aston and Pitstone Fruit and Veg show,

which saw our lovely Hub bulging with Cut Flowers, Crafts, Cookery with the two Inter-Village Challenge Wheelbarrow Competition entries, Craft, Book and Allotment produce stalls- squeezing in – also a petting zoo – all resplendent on our Hub frontage paviers! The Upper Town Hall was selling tea and cake run by the Pitstone allotmenteers, amongst tables groaning with vegetables of great size, flower arrangements and produce of imaginative splendour! Ending with a robust Auction, the day was a sunlit triumph of fecundity and fun! So with that - and the Hub AGM! - behind us. it is that time of year again when the even fewer Hub trustees will be approaching local businesses for Raffle Prizes for our annual seasonal Wintry Market!

Last year's lovely Winter Market will reappear on Friday 6pm-10pm on November 22nd with its indoor and outdoor twinkly stalls selling Christmas presents, crafts and seasonal cheer. We will hope for Carol singing outside, warmed by the roasting chestnut stall - the winter theme will hopefully be including a Petting Zoo, a modest Fairground Ride, a Barbecue, mulled wine, warm drinks and prosecco, raffles and tombola's, 'Spin a Picture' game; and other childcentred indoor guessing games, inside amongst the stalls with a fake/cake to spot, recognising that the moment is also the sixth anniversary of the opening of



the Hub itself this wintry time of year in 2013. Looking back over this last year we trustees in the Hub are expecting to repeat and add to this same plan in 2020!

The year 2020 will hopefully see many of you enjoying the warmth of the Hub's tenant cafe filling your hungry shivering selves with the delights of their new fuller menu as the knowing villagers do already! CuriosiTEA Rooms renewed their 3-year lease with Hayley and Sven as joint Leaseholders with us - the volunteer Hub Trustees voting for this renewal: many thanks indeed to lawyer Andrea Squires who gave her services free of charge in forming the lease documents. A welcome service to the Community is now the delivery of ready cooked meals, which Hayley and Sven have introduced, along with a wider menu.

Later this winter we issue an invitation to join in the annual round of Pancake Races and eating – Shrove Tuesday 25th February 2020. Our Spring Market will appear on 18th April 2020 (Easter Saturday) with its Easter Egg Hunt and Spring Market stalls to celebrate new life. Please look out for JOLLY-JOBS volunteering opportunities generally and specifically our necessary Village cleanup May 2020 (2019's clean up contributed we feel to the Certificate of Merit awarded to lvinghoe in the 'Best Kept Village' Competition June judging.

Our SECOND SATURDAY Table Top Sales continue with £10 per table hired to sell your things. Crafts, previously loved possessions, home grown or home baked produce.

We were very pleased to have worked with the Parish Council and the WI to have the installation of the **Defibrillator** on the wall facing the front playground; we were then very pleased to have been generously given £471 specifically for the support of the **Defibrillator** – given by David Wilton on behalf of his father in law, the deceased Albert Blackwell.

Improvements recently needed include the Main Hall floor, storage and kitchen upgrades: Spends – we are speaking with the original Kitchen Installation Company as to the installation of a purpose-built extract system; also, we hear that the Fridge is not performing to standard

From Paved surroundings and Garden Furniture spread amongst all year round flowering planters, to a full PA system in the Hall space with cinema style projection – we have improved our provision without raising the booking charges, somehow.

So on paper the year was a fulsome and satisfying one. In truth we have had our **sustainability concerns and as time cracks on, our trustees are inevitably showing signs of becoming weary**, which brings me to the point that three more trustees have resigned due to age, health and other commitments, so we **gives thanks to them** and are quickly on the scout for more!. I have also to express my own disappointment in the lack of folk stepping forward to volunteer to help run this popular community space. The Sustainability Project is still on hold, pending appointment of two or three more Trustees – although the principle of trying to find 'willing volunteers' if not full Trustees to assist with day to day tasks in running the Hub is something we would welcome fresh volunteers for. For example, 'fun projects' perhaps known as **'Jolly-Jobs'** involving asking the community to rally together for a few hours to complete a joint task followed by Tea and Cake – as a route towards perhaps choosing some extra Trustees to build our dwindling capacity.

Personally I have always rated this project on how it feels to be part of it. Initially it was fuelled by passion to not waste the opportunity of rescuing a flat level, four classroom, and well-built historical local community building in the very centre of the village.

The lessening of the chances of isolation for the lonely but ambulant and those in wheelchairs , mothers with prams are using this Hub as a place to commune in comfort, refreshed by the food and drink and conversation, all come about very satisfyingly. The opportunity, once arrived at the Hub, to be warm in winter and spread out basking in sunshine in summer, with families able to oversee children playing nearby on the village Lawn, has been added to by having regular group walks, exercise classes and singing sessions – particularly helpful for some with early Alzheimer's!

The Café team and regular Voluntary Hub Trustees (back-roomcrew) must be commended for bending over backwards for all and sundry Hub users to fulfil a staggering variety of strange requests and individual fulfilled needs, all as just part of the daily welcome.

The voluntary project has worked and the Hub bookings are best ever. The Café is often full but then suddenly empty for too long??? **We plan to expand our volunteer support dramatically somehow**, and then set about expanding our sustainable pleasure dome in myriad ways yet to be

thought of! So we invite you all to join in our first 2 hour 'Jolly–Job' which kicks off decorating the Hub by erecting several Christmas trees and decorating them for winter fun – followed by cake and tea. Jolly Job volunteers please email Carol on the Hub email below or phone 01296 661666 and leave a message.

Email: ivinghoeoldschoolcommunityhub@ btconnect.com

Facebook: Ivinghoe Old School Hub

Website: ivinghoeoldschool.com

Thanks, Carol T at the Hub

Dear Dog Walkers of the Parish

The walks round here are nice, we think you'll all agree, And many people comment, on the views being so pretty. But sometimes on the path you walk, you look and you do see, A squidgy thing you stepped on, is something that's sh***y.

So we kindly ask you, when Rover needs a poop, You make a little effort; you simply bend and scoop, And have a thought for fellow (wo)man, do not commit a sin, You know you need to pick it up, and put it in the bin!

(The Dog Warden can be contacted on 01296 555605)



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27th & 29th November 9.30am – 11.30am or 1pm – 3pm 3^{rd,} 4th & 6th December 9.30am – 11.30am or 1pm – 3pm £35 includes festive refreshments and all materials

To book a place call Christabel on 07786 065 101 or email christabel@bellabloom.co.uk

The sessions take will take place @ The Old Vicarage, Church Road, Ivinghoe, LU7 9EH

Town Farm ART SHOW

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www.townfarmartshow.blogspot.com

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ONE WEEKEND ONLY Friday 22 - Sunday 24 November 10am - 4pm

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Free entry



Lord Gardiner visits Beacon Villages Community Library

G overnment minister Lord Gardiner of Kimble was in Ivinghoe on Friday 11th October to visit the Beacon Villages Community Library (BVCL), as part of Buckinghamshire's Libraries Week.

BVCL, in the medieval lvinghoe Town Hall, was singled out for the visit as "a great example of how a library can provide a valuable community resource in a rural setting."

Lord Gardiner is a minister in the Department for Environment, Food and Rural Affairs. He serves as Parliamentary Under Secretary of State for Rural Affairs and Biosecurity.

The Community Library, run by a committee of local people, shares space in the town hall with the village post office.

The minister met a dozen library volunteers, library committee members, County Councillor Ann Wight, and parish councillors from the Beacon villages. He showed real interest in the benefits of the library to the rural communities it serves.

The Beacon villages library offers traditional book borrowing and many other services. You can use it to get online, to print and photocopy and use your library membership to access a host of digital services such as e-magazines and e-newspapers.

Beacon Villages Library is one of a cluster of community buildings and facilities in Ivinghoe which include a pharmacy, post office, a hairdresser and a playground as well The Hub, another community-run building with a coffee shop and shared office space. Avril Davies, who chairs the committee that runs Beacon Villages Community Library, said: "We were delighted to be chosen to host Lord Gardiner today, and show him how our thriving Community Library works. BVCL is an extremely important asset at the heart of our village offering many services and facilities to people in this part of the county and we've been able to show that today. "

Lord Gardiner said: "I am delighted to be here at Beacon Villages Community Library, which is a perfect illustration of how public institutions can bring people together in rural areas.

"Libraries play a key role for vibrant communities across England, inspiring people of all ages, building digital skills, fostering health and wellbeing and supporting local business."



Lord Gardiner at Beacon Villages Community Library with Avril Davies (L) who chairs the library committee, local County Councillor Anne Wight, Cabinet Member Gareth Williams and his Deputy, Noel Brown, library volunteers and parish councillors



Lord Gardiner at Beacon Villages Community Library talking informally to volunteers, parish councillors and Avril Davies, who chairs the library committee

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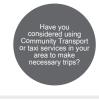
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Brownies: Monday 5.45 – 7.15pm Pitstone Memorial Hall Guider: Elaine Thorogood **01296 661540**

Girl Guides: Tuesday 7.00 – 8.30pm Ivinghoe Old School Village Hub, High Street, Ivinghoe Hall. Guider: Rebecca Capron **07545 347787** Email: **beckylonghurst@hotmail.co.uk**

To join us, please visit our website at Girlguiding.org.uk



1st Ivinghoe and Pitstone Beavers (5 3/4 -8 year olds) Monday 6-7pm with Tom as Watermill Coloney leader Tuesday 6-7pm with Jakki as Windmill Coloney leader

1st Ivinghoe and Pitstone Cubs (8-10 year olds) Wednesday 6:30-8pm (Dan) Akela as Windmill Pack leader Thursday 6:30-8pm (Rob) Shere Khan as Watermill Pack leader

1st Ivinghoe and Pitstone Scouts (10 1/2 -14 1/2 year olds) Friday 7-8:30pm Andrew as Troop Leader

For any enquiries or to join the waiting list please contact us on <u>ivinghoe.pitstone.scouts@gmail.com</u> Or our Group Scout Leader, Andrew Woods on <u>ivinghoe.pitstone.scouts@gmail.com</u> or 07768 980311

We are also raising money to rebuild the village a purpose built scout hut and are selling bricks to supporters for £10 each. Please email the above address for details.



Advance Notice... The Scout Christmas Post is back for 2019

This Christmas why not support your local Scouts and save yourself some time posting Christmas cards around the Villages by using the Scout Christmas post instead?

You can buy our special Scout stamps at St Mary's Church Christmas Market on 16th November and then from our local retailers. Stick them on your cards and post them in one of our many special post boxes dotted around the villages.

> We will ensure that all cards posted by the 'last post' will be delivered before Christmas

Look out for our posters, and check the Village facebook pages and web sites early November for more information and details of retailers.

Somewhere or Anywhere?

f I were to talk of 'Haves' and 'Have-nots' and then point you to the Parable of the Good Samaritan you would think I was doing my job as Vicar in the run up to Christmas in encouraging you to treat your neighbour with care and compassion at this time o those in need.

Any attempt to divide the world into two groups such as Haves and Havenots is inevitably a huge simplification but it still serves a useful purpose in shaping our response to it. Our understanding guides our behaviour. What, though, if I were to talk of 'Somewheres' and 'Anywheres'?

One writer has recently split the people around us into these two tribes. It is a simplification but may be a useful distinction. There are those who come from Somewhere who feel rooted in a specific place or community such as one of the villages that we live in, lvinghoe, Pitstone or Marsworth. And there are those who come from Anywhere. They are typically urban folk whose educational and professional working lives have taken them on journeys around the country or world living in different places as they travelled on.

It is estimated that half the population are Somewheres and a quarter are Anywheres. The majority of Somewheres feel uneasy with aspects of the modern world. Anywheres however predominate in the so-called 'elite' who dominate our national life. There is a strong correspondence between the Somewhere/Anywhere divide and the leave/remain split in this country.

By the time this piece is read the Primeminister's do-or-die deadline of 31st October will have passed; there will be winners and losers in the national argument. There will be hurt and anger. The debate has fractured us bringing to the surface deep feelings of who we are and where we belong.

Recognising hurts in others brings me back to the Good Samaritan who reached out across a tribal divide to bring healing to an injured traveller. He chose not to pass by on the other side but reached out to one whom he saw as a neighbour in need of care and compassion.

Rev Adrian Manning,.

Vicar of St Mary's lvinghoe with Pitstone

'The Road to Somewhere: The Populist Revolt and the Future of Politics' by **David Goodhart**.

Pitstone Church

e would like to thank everyone who has visited Pitstone Church, whether for a special event or on a Summer Sunday afternoon. The people who come to the church make it an important part of village life even though we have no regular services. Our last event of the year will be **The Memory Tree** on the **7th** and **8th December** between **12 noon** and **4pm**. The church will be decorated and there will be refreshments. The Beacon Community Choir will be singing carols on Sunday at 3pm. Come and remember your loved ones at Christmas.

Gillian Arney





IVINGHOE HAND-BELLS

We have a beginners group meeting fortnightly in the church ringing the beautiful hand-bells that belong to St. Mary's Church lvinghoe.

If you missed the taster evening, and would like to have a go, or see and hear what happens it is not too late so please get in touch or come along to a Monday evening meeting. We have fun, a break for refreshments and experience the very special sound of our 139 year old bells.

Alex Wynne 01296 668336



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Sunday Services are held on the **third Sunday** of each month, at 12 Church Rd unless otherwise specified, and start at 10.30 a.m. followed by refreshments

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Come and enjoy a family film on the **first Thursday** of each month. Time: 2pm - approx 4.15pm in the millennium room, Pitstone Hall

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St Mary's Church

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Christmas is coming, the geese are getting fat Please put a penny in the old man's hat If you haven't got a penny, a ha'penny will do If you haven't got a ha'penny, then God bless you!





The King's Head at Ivinghoe Festive Menu 2019, £31.25



Pumpkin and Parmesan Soup, Shiitake Mushrooms and Truffle Oil

Fricassee of Mushrooms on Toast, Poached Egg and Hollandaise

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> Roasted Breast of Pheasant Swede Purée, Savoy Cabbage, Fondant Potato, Pheasant Jus, Sherry Vinegar

> Lightly Curried Vegetables, Spiced Cous Cous Celeriac Purée, Sultanas and Almonds

Christmas Pudding Flambéed with Rum, Brandy Alexander and Mince Pie

Crème Brulee, Vanilla and Granny Smith Compote

Apple Tarte Tatin for 2, Flambéed at your table with Calvados Salt Caramel Ice Cream (please order in advance)



Ivinghoe Allotments **Tales** from the **Plot**



ow that Autumn is well and truly here, I hope that you all appreciated the Summer that we have had – with those dizzy high temperatures and people complaining it was too hot!

It seems to have arrived quickly with the evenings drawing in and darker mornings. By the time you receive this magazine Winter will soon be with us. Great frosty mornings and all that goes with it – a great stampede for the holiday brochures! Like many people, I truly enjoy our four seasons, as one season comes to an end you can look forward to the next one.

As far as my plot is concerned, it has been a mixed affair this year with some vegetable plants doing very well and others not performing well at all. Broad beans, curly kale, first early and second early potatoes, leeks, white and red onions, shallots, courgettes and French dwarf beans have all done brilliantly this year. However, peas, red cabbage and asparagus pea have been very disappointing. But I shall look forward to the next growing season. I did also plant four healthy butternut squash plants and they were thriving nicely then one night they were devoured by some creature, possibly muntjac - but some you win and some you lose!

The fruit trees have also produced an abundance of fruit – the apple tree was even bending over with the weight of the fruit. The pear tree had more and bigger pears than usual, possibly due to the amount of sun and rain that we had, this is also the same for the Victoria plum tree. All of these fruit trees will be attended to and pruned this year.

I intend to move the blackcurrant and redcurrant bushes soon to another bed in order to extend one of the lower beds which will give me more growing space. At this time of year this type of job and a bit of maintenance is all that one can do. I have already covered some of the beds with thick black plastic to minimise weeds and will finish the other beds imminently.

We had our allotment open day on the 17th August and unfortunately a few allotment holders, myself included, could not be there. But Roger and Simone did us proud; entering into the spirit of the open day by lighting up a barbecue and provided the visitors with some nourishing goodies. Well done and thank you!

The Ivinghoe Flower and Vegetable Show was held on Saturday 8th September at the hub and the town hall. The organisers are to be congratulated on their efforts – it was a jolly good show.

There was added interest this year with the best wheelbarrow competition between lvinghoe and Pitstone allotments. Despite the efforts of some of us being on our site at 7.30am, yes 7.30am, to decorate the wheelbarrow, Pitstone won the honours with their elaborate decorations. Well done and congratulations! Also, well done to all the exhibitors for entering, after all if no-one bothered then we would not have this village tradition. Many congratulations to all the cup winners. Pitstone had more exhibitors so come on lvinghoe, let's show them how it's done next year! Well, this is all for now. I would finally like to wish you all a peaceful and happy festive season.

Mind how you go...

Ernie – Ivinghoe Plot Holder





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Allotment Diary

The warm dry weather continued from spring into summer bringing some quite hot days. I do not think I have ever watered so much. I have also had the best year from my fruit trees, my Comice pear did reward me with a good crop of fruit, an amazing crop of Discovery apples and enough Bramleys to fill my apple store.

The runner beans have also been prolific the beginning of October they were still flowering and producing new beans. For the second year running I have grown my carrots in their own bed (an idea I pinched from my friends Julie and John at Pitstone allotments) I have had many admiring glances as I have walked home with my pickings. They have been completely unblemished, a very nice size and very tasty too.

Alistair, Roger and myself, were on hand for the open day, we did not have many visitors but those who came had not been to the allotments before and were very impressed by them.

The warm weather once again benefitted butterflies, both good and bad. I have never seen so many Cabbage Whites, I did have to resort to spraying my brassicas. They did untold damage to a lot of the plotholders crops. On the bright side was the arrival of the colourful Painted Lady who loved my Dahlias and was a pleasure to watch. We have had a real problem with our resident wildlife who were determined to beat us to the sweetcorn, take the flowers and new growth off the gourds and lastly the squirrels have taken all the sunflower heads. That is the downside

40

of having such a beautiful location.

It is sad that we have to say goodbye to Rob and Jane as they are moving away, but Rob has handed his vines over to Alistair so Chateau lvinghoe is still on the cards. We do however welcome John and Glynn and hope they enjoy their plot.

At last we have had some decent rain showers, those of us who still have very full beds have benefitted. Still a bit concerned the hot weather may have brought winter and spring vegetables on too early.

This is my last entry for the year as it is very quiet over winter, just pottering and maintenance although I do go up every day to see my girls. I will resume my ramblings in the Spring.

Gloria



Ivinghoe Flower Show

his years show took place at the The Hub and The Town Hall. There were lots of wonderful entries in all the classes and the judges had a ot of difficult decisions to make in many classes such was the high quality on show.

The highlight of the show was the inter village wheelbarrow challenge. Both entries were outstanding with Pitstone just shading it this year.

The show was staged by the lvinghoe, lvinghoe Aston and Pitstone Horticultural Society. I,IA and P,HS was established just this year and is affiliated to the Royal Horticultural Society. A good number of you took up the chance to join. Further details of the society will appear in a future edition.

Everyone associated with the running of the show would like to sincerely thank all the entrants, without you there would be no show.

For a full list of the cup and prize winners see below.

Cup and Prize Winners

Children's Cup and Best exhibit: Joshua Haynes

Vegetable Cup: Brian Brooks



Onion Cup and Best vegetable exhibit: Ingrid Gresty

Fruit Cup and Best fruit exhibit: Ernie Jones

Grown Flower Cup: Gill Lloyd

Best Flower exhibit: Caroline Lambert

Flower Arranging Cup and Best exhibit: Gill Lloyd

Cookery Cup: Julie Haynes and Gill Lloyd

Best Cookery exhibit: Gill Lloyd

Produce Cup and Best produce exhibit: Maggie Halsey

Craft Cup and Best craft exhibit: Sue Jones

RHS Banksian Medal (most points in horticultural sections): Ingrid Gresty

Harry Ecklethwaite Inter Village Challenge Trophy: Pitstone



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Ivinghoe Beacon Magazine November 2019: Issue 111

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Ashridge Ramblings – Seeing the wood for the trees

find it hard enough looking after my small back garden. Imagine having to care for 5000 acres of our most precious and beautiful countryside. How do you balance the needs of visitors and wildlife? How do you prioritise the huge number of tasks? Careful planning and expert knowledge – that's how. Ashridge's ten-year Woodland Management Plan was two years in the making and has just been approved by the Forestry Commission. The Ashridge

team consulted extensively with Parish Council representatives, visitors, other local stakeholders, Natural England, Historic England and the Gardens Trust. The resulting key objectives include:

- Removal of conifers from the ancient woodlands within the Estate (leaving key specimens in the designed landscape as well as sufficient habitat for the speciallyprotected firecrest bird) and replacing them with native broadleaved trees of higher ecological value;
- Widening some of the rides, establishing more glades on the common land and creating scrubby edge habitats for the benefit of wildlife, particularly birds and butterflies;
- Enhancing the status as an internationally important habitat for dead-wood invertebrates;
- Caring for the many trees that are ancient (remarkably old for their species), veteran (younger but with some features of ancient specimens such as missing branches and hollow

trunks) and notable (particularly fine specimens) through halo-thinning, which involves removal of vegetation from their immediate proximity to reduce competition for light and nutrients; and

 Improving access for visitors and creating more viewpoints from the scarp slope along Aldbury Terrace and Duncombe Terrace (the main track from the Visitor Centre towards Ivinghoe Beacon).

Some funding is likely through a grant from the HS2 budget. This will be used for the ancient woodland restoration work in, appropriately, Rail Copse as well as Little Frithsden Copse. Conifer plantations will be replaced by hornbeams to restore the coppice that was felled in the 1960s and 1970s. Volunteers to help with the replanting of these historic woodlands would be verv much welcomed. The grant will also cover removal of some of the laurel that is spreading through the ancient woodlands. If you can help, please contact: helping.ashridge@ nationaltrust.org.uk.



Rikki Harrington



Local Beekeepers Need Your HELP! Honey Bee Swarms Are Very Important

www.mbbka.org.uk

Following the long winter of 2017-2018 and the late Spring, colonies of honeybees are under tremendous stress. In the wild the survival chance of a honeybee swarm is about 20%. Collected, and housed in a hive by a beekeeper, the survival rate triples. The MBBKA needs the help of everyone in the area to ensure we collect as many swarms this year as possible. If you see a swarm of bees please contact the MBKA on the swarm-line number below. We will send a beekeeper to collect the swarm and provide it with a new home.

Honey Bee Swarms: Swarms such as the ones pictured are merely Colonies that are in transition. Normally these Swarms are found hanging from tree branch, fence post or any place where the swarm can gather around the Queen while scouts are sent out to look for a more permanent home. A swarm left alone will only be in place from just a few minutes to a few hours and occasionally a few days. Generally, these swarms are very docile and the swarming Bees usually will not sting. Before Honey Bees swarm they gorge themselves with honey before leaving the hive. This makes it very hard for them to double over and sting.



What Causes Honey Bees to Swarm: Honey Bees have a natural instinct to create new colonies by swarming. They may also swarm through overcrowding or because an old queen is thought to be failing and they wish to raise a new one. Honey Bees usually swarm in early spring just as the colony is building up numbers in anticipation of the upcoming honey flow but swarming can happen through to late summer

It is difficult to predict if weather conditions will lead to a large number of swarms in a particular year. MBBKA members attended nearly 100 calls to swarms last year and are on standby to collect throughout our area in 2018

If You See a Swarm: The collection of swarms an important part of the work of bee keepers. You should never interfere with a swarm and pest control companies will not kill a swarm unless absolutely necessary.

Please contact: MBBKA Swarm Hotline 07770370132

Brian Bush – Mid Bucks Beekeepers and BBKA Swarm Officer BBKA British Bee Keepers Association website http://www.bbka.org.uk



www.bbka.org.uk

Tug of War World Championship



ongratulations to lvinghoe's Emma Stone who competed for England in the Tug of War World Championship held in Castlebar, Ireland. Emma (shown on left) was part of the English team who came away with a Bronze Medal in the 520kg weight category.



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	7.00pm	Cheddington Village Hall	Dance Mixx
Tuesday	9.30am	Cheddington Village Hall	Dance Mixx
	6.00pm	Wilstone Village Hall	Lo
Wednesday	9.30am	Wilstone Village Hall	Strength45
	11.30am	Nora Grace Hall, Tring	Lo
	7.30pm	Pitstone Memorial Hall	Express
	8.00pm	Pitstone Memorial Hall	Strength45
Thursday	9.45am	Wilstone Village Hall	Lo
Friday	9.45am	Wilstone Village Hall	Dance Mixx
Saturday	9.30am	Wilstone Village Hall	Dance Mixx

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Councillor News from **Anne Wight**

Pelcome to the autumn edition of the lvinghoe Division newsletter. It's hard to believe that we are only a few months away from having the new Buckinghamshire Council up and running, but from 1 April, 2020 that will indeed be the case. Services in the meantime will continue as normal, and on 7th May 2020, we will have elections for the three new Buckinghamshire Council councillors who will be representing lvinghoe ward. This is a very exciting change which will hopefully provide everyone with better, more accessible services.

We are also in the process of setting up the Community Boards, which will replace the current Local Area Forums. The results from the recent consultation will be analysed to ensure resident input while the format of the Community Boards is finalised, so thank you very much if you were able to help us out with that consultation.

For those who may not know, the Community Boards are a way of bringing together Buckinghamshire Council councillors with local communities to help solve local issues and to provide a vital link between the council, elected councillors and communities. These local issues could include improving facilities for young people, tackling social isolation of older people or helping to set up a community bus. It is hoped that they will enable Buckinghamshire Council councillors to take decisions on local issues, alongside key partners including



Anne Wight Bucks County Councillor, lvinghoe Division

other community representatives, and allow Buckinghamshire Council councillors to work with communities to influence service design and delivery on local issues.

We want Community Boards to involve everyone in the local area who want to make a difference and work with the new council to do this. We're proposing that Buckinghamshire Council councillors from the local area would sit on their local board. To be effective, Community Boards would also need to include people and organisations from the local community such as fire services, police and health, residents, parish and town councils and young people.

Hopefully, Community Boards will give residents greater influence on how services are run locally as well as contact with elected members and key stakeholders. All Local Area Forum members will be notified of the outcome of this decision and the next steps in setting up Community Boards.

The Freight Strategy update

I am still actively working on the Freight Strategy with our officers. The Freight Strategy seeks to ensure that we make use of optimal HGV routes throughout our local area to allow businesses continue to thrive while preserving our environment and the amenity of our residential areas. Canals and River Trust evaluations of the Brownlow Bridge in lyinghoe along with several other canal bridges in our area have resulted in some weight restrictions and some local fluctuations in HGV alternative routings, driving an urgent need to find the best approach moving forward. We are currently looking at options for the bridges and the local communities in the context of the Freight Strategy in order to plan optimal freight routing.

I know many of you have written to me with concerns about lorry traffic through our villages. To address your concerns, our Freight Strategy officer has come up with several options which are presently going through County Council strategy and budgetary approvals with a view to moving to public consultation at the earliest opportunity. I would encourage all residents to participate in the consultation process, since this is your chance to have a say in the future of freight traffic routes through our local area.

In the meantime, if you feel strongly on this issue and want your views heard, you can write to the Freight Strategy officer and his team at the email address below. freight@buckscc.gov.uk

Luton Airport Expansion Consultation

I have been continuing my work on both the London Luton Airport Consultation Committee, as well as on the Noise and Track Sub Committee, and I would like to draw everyone's attention to Luton Airport's Statutory consultation for the proposed expansion from 18 to 32 million passengers per year, which will start on Wednesday 16th October and run until Wednesday 11th December. Residents may want to review Luton Airport's airspace proposals when these are published on the CAA's Consultation Portal.

We have also arranged for hard copies of the consultation to be held at the Beacons Villages Community Library in Ivinghoe, and we are trying to arrange a local consultation event in Pitstone. More details on that will be forthcoming and will be sent to the parish councils. https://airspacechange.caa.co.uk/ PublicProposalArea?pID=51

Buckinghamshire County Council improves CO2 emissions

At BCC we are very aware of the need to reduce our carbon dioxide levels to protect the environment. I'm delighted to say that successful carbon reduction projects across Buckinghamshire County Council's services and infrastructure have resulted in an impressive 41% reduction in the amount of carbon dioxide produced in 2018/19 compared with the baseline set in 2009/10. This is a significantly better outcome than the 30% national voluntary reduction target set by the UK Government in its Clean Growth Strategy, and actually exceeds the County Council's own more ambitious target of 40%.

Some of the biggest successes have seen the successful implementation of carbon reduction initiatives across corporate buildings and in street lighting. Since 2011, £4 million has been invested in roof-mounted solar panels, LED lights, boiler replacement and other measures. These projects have successfully led to cost savings of over £530K and saving over 2,700 tonnes CO2 per annum.

While this is very encouraging, we still have a long way to go. If you want to read the full report, it is available via the link below. www.buckscc.gov.uk/services/ environment/sustainability/corporateperformance-reporting

Transport for Bucks update

I am happy to report that the recent TfB weed spraying programme is proving to be a success, with clear signs of die back. They have a few more applications ahead, but overall the treatment seems to be working.

Great Gap in Ivinghoe is now on the urban grass mapping and will be cut by our contractor four times a year going forward. The team also executed an excellent repair to the speed cushion outside the Kings Head which was further inspected by the BCC auditor.

We have completed the capital maintenance road resurfacing from Cheddington High Street to the Cooks Wharf bridge, and that surface is now exceptionally smooth. Additionally, all of the £4.5m plane and patch programme was completed by the revenue team ahead of schedule and within budget. This has proven to be of great benefit to our roadworks teams in reducing the number of repeat visits to know problem areas and we are getting feedback from the public as to the positive impact it is having for their daily commute.

Thames Valley Police

I was very pleased to see the announcement in the national news that there will be a national campaign to recruit 20,000 new police officers. I know that burglary and rural crime are issues of great importance to all of my residents. and I share their concerns about the number of rising van and vehicle thefts over the past few months. As part of the effort to combat crime locally. Thames Valley Police are promoting their "Be a Force For All" campaign, which follows the funding announcement by the Chancellor to support the recruitment of a first wave of up to 6,000 officers, who will be shared among the 43 territorial forces in England and Wales. This includes £750 million for 2020 to 2021 and an immediate £45 million to kick-start recruitment.

The 'Be a force for all' campaign features serving police officers, and a website has been created to direct potential recruits to the recruitment pages of local police forces. In August, Thames Valley Police launched its new careers website and hosted a Facebook Live event focused on recruitment. Thames Valley Police is expecting to benefit from the uplift in policing numbers announced in August.

While this is very encouraging news regarding police numbers, there are many things we residents can do to keep ourselves a bit safer. Many burglaries are the result of opportunistic theft, and so if you have been burgled recently or had a vehicle stolen, the Thames Valley Police website has many tips for how to improve home security, a few of which I explain below.

Check for weak spots where a burglar could get into your garden, for example a low or sagging fence, or a back gate with a weak or no lock. A thorny hedge along the boundary of your property can put burglars off but make sure that passersby can still see the front of your home so that burglars can be seen.

Burglars also don't like gravel as it's noisy to walk on, so this is good to lay on paths and underneath ground floor windows. Avoid building pergolas or gazebos too near your home as they can help thieves reach upper windows.

Using anti-climb paint or fixing trellising to the top of solid fences and walls can make it more difficult for a burglar to climb over. Do not use barbed or razor wire as you could be held legally responsible for any injuries caused.

As I sometimes get resident queries about the possible installation of CCTV, that would be well worth considering if you have been the victim of a crime or simply wish to deter burglars. Residents can now buy indoor and outdoor cameras that connect to an app on your smartphone, although since CCTV will not prevent your home being burgled on its own, it should be used in addition to other deterrents including good quality locks, a burglar alarm and security lighting.

Cameras should be positioned for easy maintenance but high enough so they can't be tampered with. If your camera is outside, you must comply with data protection and privacy laws and make sure it isn't pointing at public spaces or other people's houses or gardens.

Also, remember that many burglars will avoid breaking into a property that has an alarm. There are many alarm systems on the market ranging in price.

Audible-only alarms set off a siren or bell and are usually a cheaper option. Due to the number of false alarms, police will only respond if there is confirmation of suspicious activity such as a neighbour reporting they saw someone or heard glass being broken.

Monitored alarms are connected to a central 'listening' service. The monitoring company will check for false alarms and call the police if necessary. Monitored systems are particularly important for isolated properties.

For more information on these and other tips to deter burglars, please see the Thames Valley Police website https://www.thamesvalley.police.uk/ police-forces/thames-valley-police/ areas/advice/home-security-guide/

Drinking Sensibly in Bucks

While I know the Christmas season is only a few weeks away, and many of us enjoy a nice glass of mulled wine or other seasonal drinks, Buckinghamshire County Council is encouraging residents to think about their habits around alcohol and increase their understanding of safer drinking levels.

While many of us in Buckinghamshire enjoy drinking alcohol – to celebrate, relax or just through habit, too much of a good thing can have adverse health impacts.

This is really just a seasonal reminder to keep the health risks of alcohol to

a low level, the Chief Medical Officer recommends it is safest not to drink more than 14 units of alcohol per week. This should be spread over several days with some alcohol free days in between. The Chief Medical Officer also recommends that children should have an alcohol free childhood.

Whether you like the occasional drink, have a couple of glasses of wine with dinner most nights, regularly go out drinking with friends or drink at home, you can lower your risk of conditions such as heart disease, strokes, cancer and dementia by taking simple steps to reduce your alcohol intake.

There are lots of apps that can help you keep track of how much you are drinking, give you tips to help cut down and point you in the right direction if you need one to one support. The Bucks Drink Checker website has a really good app – check it out for yourself at https://buckscc. drinkchecker.org.uk

However, if you're regularly drinking more than the recommended amount or you feel you can't manage without drinking alcohol, you may be experiencing signs of alcohol dependence. Please seek the advice of your GP or a local support service such as One Recovery Bucks (https://onerecoverybucks.org/) to help you safely cut down on the amount of alcohol you're drinking. More than 1 in 4 adults in the county (that's over 100,000 people) drink at levels above recommended guidelines. Unfortunately, due to different size measures and strengths it can be difficult to know how much alcohol is actually being consumed, and some people may be harming their health because they don't realise they are drinking too much. Apparently, drinking more than 14 units a week is highest in older age groups in Bucks. Drinking above the Chief Medical Officer's recommended level is also more common among more affluent people and men.

Although fewer young people are drinking more than previously it is important to think about the messages we give our children about alcohol by what we say and equally importantly what we do as parental influences play a key role in young people's drinking habits. To read the full Buckinghamshire Director of Public Health Annual Report visit http://www.healthandwellbeingbucks. org/jsna-dphar

With that in mind, I hope everyone has a safe and happy run up to Christmas over the coming weeks!

Anne Wight





Have your say on the future of London Luton Airport. Our consultation is open from Wednesday 16 October, with deadline for comments at 11:59 pm on Monday 16 December 2019.

For further information on events or details of our proposals please visit futureluton.llal.org.uk

Future LuToN expansion consultation: Making best use of our runway

Expanding London Luton Airport will bring significant benefits that will be shared locally, regionally and nationally. We are committed to minimising and mitigating the impacts of expansion.

Our proposals for achieving airport growth will be displayed at a series of consultation events in your area. At the events you will have an opportunity to view plans, speak to members of the expert project team, and leave your feedback.

FSC

From **District Councillors**

Sandra Jenkins and Derek Town

Aylesbury Vale parks raise their newly-awarded Green Flags

Aylesbury's Bedgrove Park and Vale Park along with Buckingham's Heartlands were recently recognised by the Green Flag Award Scheme as some of the very best open spaces in the UK. And last week, the awards were celebrated at all three parks through dedicated Green Flag raising ceremonies.

Cllr Paul Irwin, AVDC Cabinet Member for Environment and Leisure. commented on the awards: "I'm delighted we've received three Green Flags again this year, including Buckingham's Heartlands picking up its 2nd award. I understand how important quality green spaces are to residents and visitors, and these awards clearly recognise AVDC's dedication to keeping our green spaces at the highest possible standards. "The flying of the Green Flags in Bedgrove Park, Vale Park and Heartlands will help remind visitors that these parks are some of the best in the country for cleanliness, facilities and overall maintenance. If you haven't visited these parks already - I encourage you to do so."

As a testament to AVDC's commitment to providing quality parks and open spaces across the Vale, this is now the 10th year in a row that Bedgrove Park has won the award, and the 12 th year in a row for Vale Park. A full list of Aylesbury Vale parks, green spaces and play areas that are managed



and maintained by AVDC can be viewed here: https://www.aylesburyvaledc. gov.uk/section/parks-and-play-areas

Oh what fun in the sun!

Right in the heart of Aylesbury, a selection of fun-filled, action-packed days were organised by the Aylesbury Town Centre Partnership over the summer holidays to keep the children active and entertained.

Thursday 25 July might have been one of the hottest days on record in the UK, but children of all ages turned out to see Colonel Custard and his awardwinning magic show as he conjured up mind-blowing tricks before their eyes. The mobile petting farm was also a huge success, with many children having the opportunity to interact with the wide range of animals and their offspring. BuDS was also on hand to support people with any disabilities with their sensory zone.

At another event, strength was the

name of the game, as children tried their skill on the bouldering wall – a wall you climb around rather than straight up, by using a unique set of climbing skills. At the same time, the adventurers and explorers among us went caving in the interactive mobile caving unit. On Thursday 22 August, the ever-popular Robogeddon returned to Kingsbury, giving children the opportunity to compete against each other through dramatic robot battles.

Aylesbury Town Centre and Regeneration Manager, Diana Fawcett, commented on the summer events: "We're delighted to provide fun, entertaining and interactive events in the town centre, and it's fantastic to see so many children and parents getting involved with the activities this year."

Details of upcoming events and attractions, including the Roald Dahl Gallery, Aylesbury Library, Aylesbury markets and Bucks County Museum can be found in the Aylesbury Live Guide: www.visitaylesbury.co.uk

AVDC welcomes HS2 review and calls for a halt to all enabling works

Aylesbury Vale District Council (AVDC) has welcomed the recently announced review into HS2 and has again highlighted its opposition to the project, that is already causing significant environmental damage to parts of Aylesbury Vale.

AVDC is demanding that all enabling works cease until the review has been concluded and a Notice to Proceed is agreed Immediately following confirmation that HS2 would be subject to a review

Cllr Angela Macpherson, Leader of AVDC, wrote to both Prime Minister, Boris Johnson, and Secretary of State for Transport, Grant Shapps reiterating the Council's deep concerns and opposition to the project. In her letter Cllr Macpherson said: "Buckinghamshire and Aylesbury Vale residents and communities have campaigned tirelessly for many years for government to rethink this project, which in our view has a fundamentally flawed business case, no gain to our communities, residents and businesses, and will cause long term, irreversible damage to our environment and wildlife".

In her letter she also highlighted the eye-watering increase in the estimates for completing the HS2 project, which had risen from an initial target of £56 billion to in excess of £80 billion, and demanded that all enabling works cease immediately, until the review is concluded and not recommenced unless and until a Notice to Proceed is formally approved.

Residents urged to safely recycle small electrical appliances in order to prevent fires

Aylesbury Vale District Council (AVDC) and Buckinghamshire Fire and Rescue Service are calling on residents to correctly recycle batteries and small electrical appliances in order to prevent fires. This advice follows a number of fires breaking out on board AVDC waste trucks in recent months, with the ignited loads having to be dumped on the road to stop the spread of fire.

While unwanted batteries and small electrical items can be recycled at the

kerbside, it's vital that they're not put into the general waste or recycling bins, as they can ignite and cause a fire. Instead, they should be placed inside a standard carrier bag and then left on top of one of the bins. These will then be collected by AVDC crews on the day they normally empty the bin.

Items that can be collected by AVDC crews include:

- Hairdryers
- Straighteners
- Electric toothbrushes
- Mobile phones and chargers
- Small electrical power tools

If the electrical item is larger than a shoe box (for example, microwave ovens and car batteries) it will need to be taken to a Household Recycling Centre. Alternatively, residents can arrange for it be collected by ourselves using our Bulky Waste Collection Service (aylesburyvaledc.gov.uk/bulkyitemcollection).

Station Commander Steve Cook from Buckinghamshire Fire & Rescue Service said: "Fires in waste trucks place firefighters at risk from a wide variety of hazards, not only from the fire and smoke but also from the waste material itself. Often these fires begin deep in the load and smoulder undetected, and may only be discovered when the load is transferred at the waste depot.

"Fires involving batteries and discarded electrical appliances have a significant impact on our resources – the average waste truck fire takes eight firefighters around three hours to deal with. Should the fire involve the waste depot itself then the fire can last for several days, requiring 30 or more firefighters. "However, if residents recycle correctly, these fires can be avoided in the future."

AVDC Cabinet Member for Waste and Licensing, Cllr Sir Beville Stanier, commented: "The recent fires in our waste trucks have been very concerning for me, but I have been impressed by the swift action of our crews and the local fire service.

"I would ask all Vale residents who want to dispose of batteries and small electrical devices to please dispose of these correctly. This will help prevent any future waste truck fires." Further information on recycling batteries and small electrical appliances can be found at: aylesburyvaledc.gov.uk/electricals.

Notes – A list of the Household Recycling Centres in Buckinghamshire is available on the following webpage: www.buckscc.gov.uk/services/ waste-and-recycling/householdrecycling-centres/

Aylesbury Vale District Council becomes first in-house operated waste transfer station to achieve accredited Competence Management System certification

Aylesbury Vale District Council (AVDC) has become the first council in the UK with an in-house recycling and waste collection service to achieve accredited Competence Management System (CMS) certification from Lloyd's Register, the only certification body able to make this award. This a significant achievement for the waste transfer station at Pembroke Road, Aylesbury and recognises the professional competence of both key staff and the systems in place for the safe management of waste.

The scheme, run by Energy and Utilities Skills, is recognised and approved by Defra and the Welsh Government as a method of demonstrating technical competence of permitted sites. It removes the need for a technically competent person with a CIWM/WAMITAB operator's certificate. Instead, it specifies requirements for a management system, which enables an organisation to develop and implement a policy and objectives that take into account legal requirements and to demonstrate the competence required to satisfy the regulatory requirements of holding an environmental permit.

Working closely with 360 Environmental, the team at AVDC took eight months to put the necessary processes in place to achieve CMS certification. Before making the award, Lloyd's Register carried out two detailed audits to ensure that processes were robust, fully understood and effectively implemented.

David Derrick, UK&I Area Operations Manager, and Judith Turner, Technical Manager, at Lloyd's Register, presented the certificate to the AVDC team including Amy Bridgford, Rebecca Newbutt, David Clark, Lee Davis, Lisa Higgins and Steve Chilton at the Pembroke Road site.

Amy Bridgford, AVDC's Operations Manager, said: "Myself and the wider team are incredibly proud of our certification, our site and our operation. Our accredited CMS certification has provided ultimate business continuity and allowed us to develop and expand on our technical competence knowledge." David Derrick, Lloyd's Register UK Area Operations Manager, said: "The team at Aylesbury Vale District Council has demonstrated a robust approach to their CMS, which ensures that everyone involved with the environmental permit is competent to carry out their role. Achieving independent third-party certification from LR sends a strong signal to AVDC's stakeholders that they take competence management and permit compliance very seriously."

Councillor Sir Beville Stanier, AVDC Cabinet Member for Waste and Licensing said: "This is a great achievement by the team at Pembroke Road and yet another demonstration of AVDC's determination to be a class leading authority."

Vale residents urged to renew their voter registration

Electoral Canvass staff will be out and about over the next few weeks, visiting properties that have yet to respond to the Electoral Canvass.

All properties in Aylesbury Vale received a 'Household Enguiry Form' during the summer and a reminder in September, but around 9,500 responses remain outstanding. Residents are required by law to confirm or update the details of anyone at their address who is eligible to vote in the UK. The forms are pre-printed with the names of the occupants currently registered to vote at each address. A response is required, either to update their details if there are any changes, or to confirm that the information is still the same. People who have moved address recently are particularly encouraged to respond.

Across Great Britain, only 40% of people who have lived at an address for less than one year will be registered, compared to 94% of people who have been at their property for more than sixteen years. Jo Hart, AVDC Electoral Services Manager, commented: "Although the Electoral Canvass response rate to date has been encouraging, nearly 12% of homes in the Vale have yet to respond.

We have to take a number of prescribed steps to follow up on nonresponding properties, and those households that have not responded have to be personally visited. This is an expensive exercise, and we're therefore urging residents to help us save money by re-sponding ASAP." Residents can respond quickly and easily online using a unique two-part security code which is printed on the form. The online process also allows people to add the names of any new occupants as well as remove names of those who no longer live at the address, or request a postal application. For further information, visit:

www.aylesburyvaledc.gov.uk/canvass or call: 01296 585701

Our membership responsibilities for Oxford – Cambridge Expressway and HS2 update

At the recent AVDC council meeting a unanimous vote was recorded to oppose the pro-posed Oxford - Cambridge Expressway that is intended to link the M1 to the M40 and Ox-ford across north Buckinghamshire – Vale of Aylesbury. A similar outcome was also rec-orded by BCC a week later. Additionally, both AVDC and BCC refused to sign a NDA (Non-Disclosure Agreement) with the agent/contractor.

The new PM has indicated a review of the HS2 project is to be conducted to consider the business case and expenditure. This was welcomed by AVDC.

Environmental and Climate Emergency.

As referenced above the same council meeting debated its position with respect to the operational 'carbon footprint'. This was after presentations from a 9 year old and a 13 year old Aylesbury school children to the full council – impressive from such young individuals.

A vote was recorded to target the AVDC operations to be carbon free by 2030.

Derek Town – 01296 661637 dtown@aylesburyvaledc.gov.uk

Sandra Jenkins – 01296 668587 sjenkins@aylesburyvaledc.gov.uk

District Councillors for Pitstone and Cheddington Ward

Your local **Councillors**:

Cllr Karen Groom

Areas of Responsibility: Allotments, Beacon Magazine, Beacon Villages Library, Conservation Area, Footpaths and Bridleways, Parish Maintenance, Ivinghoe Aston Village Hall, Lawn Hire, Lawn and Trees, National Trust/Chiltern Soc., Planning Add: Willowdene Farm, Ivinghoe, LU7 9EA Tel: 01296 668326 or Mob: 07882 3562411 Email: karengroom@hotmail.co.uk

Cllr Claire Bamber

Areas of Responsibility: Conservation Area, Human Resources (Clerks employment and training), IPC Website and Social Media (inc Facebook and Twitter), Planning Sub-Committee, Police Liaison, Streets, Street Lights and Highways (inc Traffic Calming), Grants and Fundraising Add: Bruce Grove House, Great Gap. Ivinghoe. LU7 9DZ Tel: 01296 668134 or Mob: 07711 107 114 Email: claire.bamber@btinternet.com

CIIr Andrew Dicker Areas of Responsibility: Allotments, Finance

Add: The Old House, 38 Station Road, lvinghoe, LU7 9EB. Tel: 01296 668444 Email: andrew.dicker31@gmail.com

Cllr Stephen Lott

Areas of Responsibility: Beacon Villages Library, Footpaths and Bridleways, Ivinghoe Aston Village Hall, Lawn Hire, Local Area Forum, Playgrounds (Ivinghoe and Ivinghoe Aston), Police Liaison, Town Hall Committee Add: 2 Yew Tree Close, Ivinghoe, LU7 9ET. Tel: 01296 668897 Famil: Bidlinghus Lott me

Email: sjl@linley-lott.me

CIIr Anna Stone Areas of Responsibility: Education, Footpaths and Bridleways, Town Hall Committee, Grants and Fundraising Add: Willowdene Farm, Ivinghoe, LU7 9EA Tel: 01296 668326 Email: annastone92@hotmail.co.uk

CIIr Sheena Bexson Areas of Responsibility: Community Impact Bucks Liaison,

Planning sub-committee, Play Areas (lvinghoe Aston & lvinghoe), Streets, Street Lights and Highways (inc Traffic Calming). Email: SBexson@automotive-property.com



CIIr Pat Roach Areas of Responsibility: Health, Community Impact Bucks Liaison, General Parish Maintenance, Lawn and Trees, Local Area Forum Add: Church View, Church Road, Ivinghoe LU7 9EU Tel: 01296 668482 Email: p.a.reach@hotmail.com



Mrs Bridget Knight Clerk to lvinghoe Parish Council Add: Parish Office, lvinghoe Town Hall, High Street, lvinghoe, Bucks LU7 9EP Tel: 07960 605393 Email: ivinghoeparishclerk@gmail.com



Clir Anne Wight Bucks County Councillor Ivinghoe Division Add: 31 Redwood Drive, Wing, LU7 0TA Tel: 01296 682955 Email: awight@buckscc.gov.uk



Clir Sandra Jenkins Tel: 01296 668587 Email: sjenkins@aylesburyvaledc.gov.uk







Clir Derek J Tovvn Tel: 01296 661637 Email: dvtown@aylesburyvaledc.gov.uk







PITSTONE COMMUNITY CAR SCHEME

CAN YOU HELP SUPPORT THE LOCAL COMMUNITY? COULD YOU DRIVE SOME OF OUR RESIDENTS TO MEDICAL APPOINTMENTS?

LIMITED LOCAL TRANSPORT DOES NOT PROVIDE RESIDENTS WITH ACCESS TO VITAL HEALTHCARE APPOINTMENTS

PLEASE JOIN US AS A VOLUNTEER DRIVER

- ALL YOU NEED IS YOUR CAR, A DRIVING LICENCE AND A FEW HOURS A MONTH TO OFFER SOMEONE LOCAL A LIFT
- YOU CAN DRIVE AS LITTLE OR AS OFTEN AS YOU LIKE
- IT DOESN'T AFFECT YOUR INSURANCE
- MILEAGE EXPENSES ARE PAID

For more information or to volunteer:

Please leave a message with Stephen on 01296 767116 or email communitytransport@pitstone.co.uk