

Ivinghoe Beacon Magazine

Issue 126

70 pence where solo



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- Ivinghoe Speedwatch
- WI News

The Quarterly Magazine of Ivinghoe Parish Council

The **Beacon** Team...

he Beacon Magazine would not reach your door without the kind help of the volunteer band of distributors.

Many thanks to all the distributors across the parish, the Ivinghoe Beacon Magazine wouldn't happen without you!'

If you have any skills that will help us to keep the magazine going or you would like to submit an article, please let us know as we are always looking for new and varied talents!



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BEACON COPY AND ADVERT DEADLINES

We aim to get the magazine distributed around the beginning of every February, May, August and November. To ensure your article or feature makes the edition you would like please see the submission deadlines below:



February 2024 Edition – 4 January 2024 May 2024 Edition – 24 March 2024 August 2024 Edition – 24 June 2024 November 2024 – 28 September 2024

BEACON MAGAZINE ADVERTISING RATES:

1/4 page £58 per year 1/3 page £65 per year 1/2 page £95 per year Full page £130 per year

NB: Rates are for 4 editions.

Artwork must be supplied as a jpeg or a pdf file.

Welcome from the Chair

Welcome to the November 2023 issue of the Ivinghoe Beacon Magazine.

fter a long break the Circus visited lyinghoe, many of us enjoyed the show despite the torrential downpours.

Other exciting news is the opening of Daisy Chain Café located in the Ivinghoe Hub, we wish Des and his team every success.

You will have seen the improvements to the car parking area by the Lawn opposite the Kings Head, this was possible with thanks to the Wing and Ivinghoe Buckinghamshire Council Community Board who provided half the funding. Ivinghoe Parish Council would like to extend this along Station Road when funding is available. A new planter will be placed on the area over the old well.



Karen Groom, Chair, Ivinghoe Parish Council

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The Councillors have been preparing the planters in the High Street and they are filled with tulip bulbs.

Please see the Speedwatch report and other interesting articles in this issue.

On behalf of Ivinghoe Parish Council I'd like to wish everyone a very Happy Christmas and a Healthy New Year.

As always please check the lyinghoe Parish Council website for news and updates **www.ivinghoepc.org.uk**.

LUTON AIRPORT NOISE AND TRACK ENQUIRIES

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Ivinghoe Town Hall – Regular Classes 2023:

Monday: 3.30pm – 6.30pm – **Ballet** Lisa Sabitini (07834 281434)

Monday: 6.45pm – 9.30pm – **Parish Council** (First Monday each month)
Bridget Knight (07960 605393)

Tuesday: 10am – 12 noon – **Beacon Art Group** Marion Jackson (01296 668429)

Tuesday: 6.45pm – 8.15pm – **Zumba** Carolyn Syme (07941 092673)

Tuesday: 8.15pm – 10.15pm – **New Moon Morris** Cath Fincher

(07983 706607)

Wednesday: 9.15am – 10.15am **Pilates** Andrea Hall (07855 138005)

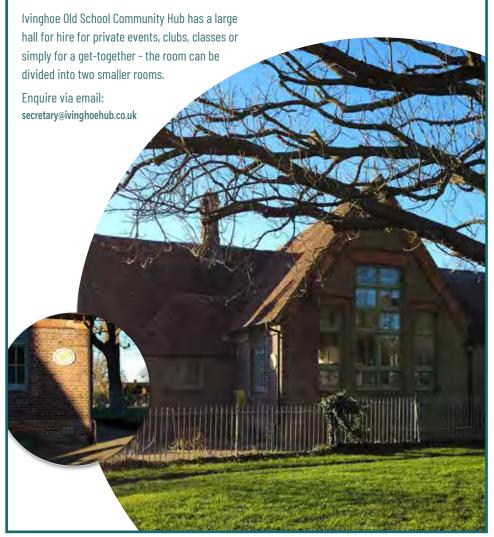
Thursday: 7.00pm – 10.00pm **W.I.** (Second Thursday of each month) Annette Hutchinson **01296 662165**

Annual Meeting is on **Tuesday 29th August** at **4pm** at the Town Hall.
All welcome

To hire Ivinghoe Town Hall, contact: Julie Fretwell **07469 016745** or email: **ivinghoetownhallbookings@gmail.com** Our website: **www.ivinghoetownhall. org.uk** where you can see Hall availability dates.

Ivinghoe Old School Community Hub

Looking for a community space?



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YOUR NEIGHBOURHOOD POLICING TEAM Wing and Ivinghoe







Sergeant David Kuttner



Police Constable Dionne Edwards



Police Constable Jake Bye



PCSO Tina Hobson



PCSO Connor Smith



PCSO Megan Dean

The neighbourhood policing team work with our local communities to make Aylesbury Vale safer

To contact your local Team call

101 or email them on
greatbrickhillwingivinghoeNHPT@thamesvalley.police.uk
You can also report an incident on our website:
www.thamesvalley.police.uk

In an emergency always call 999

Visit us on Facebook at www.facebook.com/TVPAylesburyVale







MedicAlert and Thames Valley Police: Introducing Safe and Found

There are currently 944,000 people living with dementia in the UK. On average, around 40,000 are reported missing every year.

The MedicAlert Foundation, in partnership with Thames Valley Police, have launched a dementia safeguarding programme, Safe and Found. This new initiative supports those living with dementia and other memory or cognitive conditions.

Safe and Found is available nationally and enables people living with dementia to securely store their Herbert Protocol form digitally. This document contains information that aids a missing person search, giving the police a better understanding of who they are looking for, what they have done previously and what they may be likely to do in the future. It includes places of importance, routines and habits, their connections, medical details and more.

The Herbert Protocol is a proven strategy in reducing search time and increasing the chance of the individual being found safe and well. MedicAlert is helping to speed up the process by providing quick access to this critical information in an emergency.

Chief Superintendent Mike Loebenberg from Thames Valley Police said: "When a family member or friend goes missing, it is an incredibly distressing time for those desperate to know where they are. This fear and distress is exacerbated when that individual is living with dementia.

"Completing and keeping an up to date Herbert Protocol form printed or saved and easily accessible is really important, but we know this can be challenging. MedicAlert is a service that can help, by storing information and working to keep it up to date and accessible for officers if it is needed.

"As a MedicAlert member myself, I know this partnership will provide loved ones with peace of mind that Thames Valley Police can access important information quickly and save time in the search for those missing. I hope this offers reassurance to those living with dementia and their families."

The support of The McLay Dementia Trust makes the Safe and Found programme even more accessible.

MedicAlert and The McLay Dementia Trust will be providing the first year of MedicAlert membership free to anyone living with dementia in the UK.

"The MedicAlert charity is making dementia a priority. We are very proud to work with Thames Valley Police and The McLay Dementia Trust. These partnerships ensure you can feel safer and more comfortable to continue being active, socialising, and living well with dementia. Wherever you go, we will be with you." says Mark Hacker, MedicAlert CEO.

"MedicAlert has also launched the Carer ID and storage of Emergency Care Plans to support carers. This ensures that, should a carer have an accident, their loved one receives appropriate and continuous care."

To find out more about Safe and Found or how to apply for free membership through The McLay Dementia Trust grant, please visit the links below:

- medicalert.org.uk/mclay-dementia-trust
- medicalert.org.uk/safe-and-found/



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The vIllAge Hack

his last quarter has of course been relatively quiet due to the holiday period but there are a number of things to write about, the first of which is probably the hardest thing I will ever have to cover.

James

As you will no doubt know, the village was deeply saddened to hear the news that James Lockyer very sadly passed away on 3rd August just short of only his 9th birthday. James, and his parents, Paul and Rachel arrived in Ivinghoe Aston in 2015 and were joined a couple of years later by his new brother Samuel. As neighbours to myself and my wife we saw a happy, active and inquisitive little boy grow. He was a delight to talk to and was forever asking about our cats. chickens and after our own children.

In 2017 James became seriously ill with Encephalitis and after months of treatment in John Radcliffe Hospital where doctors worked with colleagues at Great Ormond Street to diagnose his illness. Unbeknownst to all he carried a very rare genetic disorder which made him susceptible to infection from the Epstein Barr virus. His condition. diagnosed as Duncan's Syndrome, had only one form of treatment and despite very low odds of success James required a bone marrow transplant. Paul and Rachel then faced a further massive blow when Samuel was also diagnosed as carrying the same disorder meaning he too needed the same treatment.

Donors were found in Germany and Canada respectively and their life saving

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treatment commenced. That however. was only the start of a very long road towards recovery. Both transplants were a success and for Samuel his diagnosis was established early enough to enable a full recovery. James however was left with a number of ongoing complex needs that meant he required permanent care and regular Hospital treatment.

For Paul and Rachel the impact of having to care for their children in hospital took its toll and to help them get through such a difficult period the village came together to support the family with a memorable Fete just 2 days after James received his Transplant.

Upon his return to home some 15 months after treatment. Paul and Rachel plus their immensely supportive family and friends set about creating as normal a life as they could for James who could no longer talk, eat and struggled with mobility. He was often taken out for walks around the village and had a place at Heritage House school in Chesham where he had started to enjoy the simple things in life.

Sadly his life was shortened by a virus that his body just could not fight any longer and he died in John Radcliffe Hospital with his family around him.

Despite his condition James was a bright and happy boy, always smiling and always wanting a cuddle. Paul and Rachel would like to thank everyone for all their support and kind words during such a difficult period.

Arses and Elbows

So, we all woke up on the morning of 15 September planning on going about our daily routine as usual unaware that some crafty fiends had secretly placed road closures at both ends of the village. Having driven through the Slapton end I returned from the Beacon end – neither displaying the helpful 'access only' notice. I chatted to a couple of 'workers' who shrugged their shoulders when I asked if both ends were really going to be fully closed – 'not our signs' was the reply.

There then ensued a day of confusion as folks tried to find out what was going on and/or drove to one end or the other only to be told the road was closed! Here's a few prize comments:

- There is no access from beacon end (just tried that) and no 'access only' signs at other end. Who is responsible for this?
- It's a comedy of errors. I was refused exit from the Beacon end then the Slapton end at lunchtime. I then had to force my way through up the hill. Each work team was not aware or coordinated with the other. Total madness!
- The guys at the Beacon end will let you out, if you're quick. Once the tarmac machine is up there you'll be stuck, but should be able to get out via Slapton end.
- I can confirm Slapton end is closed until around 3:00pm
- Blocked off grove end of village now having driven through Ivinghoe to access village had to then turn around and be seen through by a bod at top of road. 2.15pm... watch out for the massive dug out road strips!!! Shambles!!!

So, no prior notice but maybe, just maybe, they were there to rid our pothole ridden carriageway of its defects! In the end the Parish Council were told that works were 'for a number of carriageway planer/patching jobs, the majority being on the stretch of road between the village and the B489'

The paltry end result is about ten patches of new tarmac and a road still riddled with potholes.

The Oscars'

They did it again!! The three S's (Sam, Sarah and Sharon), not to mention their wonderful helpers, brought together villagers, families and friends all dressed up to the nines for an evening of gluttony, euphony, terpiscore and merriment -OK so loads of folks got together for food, music, dance and fun.









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As usual it was a roaring success with many commenting that it was the best event to date. Live entertainment was the order of the day with Charlie leading the performers, DJ Steve singing 'rat pack' numbers then the ever popular McVicar and finally the night was danced away with DJ Steve's disco.

Those that survived the evening are readying themselves for the next extravaganza as are those that sadly were unable to attend.

Life

The item below was sent to me by Stephen Lott and has been written by an anonymous resident of Ivinghoe Aston and added verbatim:

I had a scary moment last week, it made me reflect on how fragile life is...

Returning from Leighton Buzzard, I approached a roundabout on the A4146, it was all clear, so signalling I went around to the right, suddenly there was a huge bang, the sound of metal crunching as a car went up on the roundabout, past me then cutting in front of me with millimetres to spare, swerving and slowing quickly. It didn't seem like the car was going fast at all, it seemed to take forever to go past and pull in. Where did it come from? What happened? I was shaking, the car stopped on the verge and I parked behind.

I went to the passenger window, and saw a young lad, maybe 19/20 years old, shaking, I remember seeing his hands as he tried to take off his seatbelt, he looked at me and said "I missed you didn't I? Please tell me I missed hitting you". I said "yes, you missed me, what on earth happened?

He was approaching the roundabout, he said, about 25mph, he braked to slow as he saw me coming round, nothing happened, his brakes had failed, rather than crash into me he chose to drive up on the roundabout, the noise was really quite scary of the metal hitting concrete, of the two front tyres that had blown and ripped apart.

He drove to miss hitting me, thank goodness, I thanked him for that, put just himself at risk rather than two. We both moved off the road to a safer place whilst he made various calls to sort out his work, his friend he was supposed to have been picking up and to get his car collected somehow.

I then started to drive home, still shaking, I had to pull over as the adrenaline was too much, I started crying, if that lad had been going any faster I probably wouldn't be typing this today, I'd be in hospital or worse.

Speeding is one of the most dangerous things we can do on a road, phones and eating are another, they take or alter a life in a split second. There are rules and laws out there, they aren't just somebody's whim or fancy, they are there to save lives.

I was lucky, very lucky this time, I would like to ask people to think about how they drive, stick to speed limits, if you set off late for an appointment, don't speed to catch up time, arrive a little late, I'm sure wherever you are going would rather you arrive intact than in an ambulance or hearse.

Life can be changed in a second, speed is not worth the danger it

causes, the devastation left behind, the families whose life will never be the same.

I was lucky and count my blessing daily.

The Rest

The usual suspects have been out clearing our roads of rubbish – great job.

Our conscientious speedwatch crew continue to monitor vehicles through the village and surrounding area. Read Stephen Lott's entry in this edition to see the results of their endeavours to help keep our roads safe.

The Ivinghoe and Pitstone Repair Cafe continues to thrive so if you have any old relics (my wife certainly has one) then go down and get it fixed. The cafe runs on the fourth Saturday of the month from 9.30am–12.30pm alternating between Ivinghoe Hub and Pitstone Pavilion.

After 20+ years the monthly village quiz has just about fizzled out as we suspected it might.

As a footnote, apparently the local Jackdaws have reset their alarm clocks to a more reasonable hour.

Phil Jones pajones58@googlemail.com

Ivinghoe Beacon Magazine

In a real EMERGENCY it could have been so different!

t's that time of year at the Golf Club the season is drawing to an end. the nights are drawing in and the greens-staff are starting to think about preparing the course for the winter weather. Over the year there is a gradual accumulation of debris from the trees and hedgerows, and part of our regular maintenance routine involves burning the debris in our sand filled fire pit in the 'on course out of bounds' area. So on Sunday evening. after the last golfers had left and the gates were closed, we assessed the ground and weather conditions (damp ground and no breeze) and decided to light the bonfire. 25 minutes later, the unmistakeable sound of sirens could be heard, and we stepped out to meet 5 burly firemen at the gate – someone had called the fire brigade!

After a full inspection of the bonfire and our access to water etc in case of an emergency, the officer in charge was satisfied that the fire was safe and no action was necessary. However whilst chatting to several of the firemen we were shocked to learn the difficulties the fire engine had in accessing the site due to the totally inconsiderate parking

by some local residents. Several cars had to be moved to allow the fire engine to pass and shockingly in one case, the car owner actually refused to move his car, until it was pointed out that the fire engine was coming through regardless!

Whilst on this occasion there was no emergency – what if there had been? What if somebody's house or business was ablaze? What if somebody's life was in danger? We live in a small historic village, with narrow lanes that were never designed for the ever increasing number of vehicles we all have. The council have put in designated parking bays on the side of the road to address this problem but still some residents insist on parking their vehicles on the other side of the road, simply because it is 15ft closer to their front door. The Emergency Services drive enormous vehicles, and they need to be able to get to their destination without delay - lives depend on it so could we all take a moment when parking our cars to ensure that there is always enough room for an emergency vehicle to pass.

Elizabeth Culley - Ivinghoe Golf Club

Merry Christmas & Happy New Year
from Travel Impressions

If you need help and advice planning your next holiday, we will be extending our opening hours in January to include every Saturday from 9am-1pm.

Come in for a chat over a coffee!

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WI News...

Ivinghoe & Pitstone Women's Institute



his summer hasn't seen the best of weather but our WI has still been extremely busy. Our July meeting was all about St George's Chapel, Windsor. The speaker, Mr Lesley Grout was made a steward in 1973 when the role was created. Lesley presented a slide show showing the magnificent Chapel. Edward III built the original Chapel in 1475 and this was made into a bigger and better building by Henry IV. It was Queen Victoria who converted HenryIII's Chapel into the Albert Memorial Chapel. Sir Albert Gilbert's work can be seen around the Chapel and is distinctive in that a lot of aluminium is used. The effigy of Albert, George V's son is an example.

In the 1920s The Knaves needed to be repaired. This took over 10 years with all the vaults being taken down and then replaced once the repairs had been made. We were surprised to hear that the youngest son of Napoleon Bonaparte, Leopold has a monument in the Chapel. However, this was due to him joining the British Army and his service to the Crown. There is also a memorial to the Duke of Windsor and his wife Wallace who are buried at Frogmore.

In 1968 George VI's Chapel was created. This is where George VI and his wife Elizabeth were laid. Followed by their daughter Queen Elizabeth II and Prince Phillip. People are still visiting this

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Chapel in droves to pay their respects to our Queen.

Edward III was the founder of the Order of the Garter and the banners of the Knights of the Garter are hung up on show. The Insignia is returned to the Sovereign when the Knight dies and the banner and crest is removed after a service has been held for the Knight. Every June there is a Garter Service and members of the public come to view the Garter Procession. Mary issued the vote of thanks and mentioned that many members would like to revisit the Chapel as the talk made them realise how much there was to see and explore.

As usual we ended the meeting with a raffle and teas and coffee. It was also announced that we had raised almost £90 with our Tombola Stall at the Church Fete. Well done to Annette for organising it and to Joy and Lynne for running the stall on the day.

Following our July meeting, 6 members went on a fascinating tour of the bell tower at St Mary's Church, Ivinghoe. Corrall McCormack, our tour guide went through the history of the bells and demonstrated how they worked. As we climbed the stairs we stopped at different levels and saw where the bell ringing took place, followed by an interesting look at the clock's mechanism and then up a very steep climb to see the actual bells themselves. It was definitely

a trip through history with some of our members remembering the names of bell ringers written on the walls and beams.

Two of our members braved the weather to promote our WI at the Windmillfest at Brookmead School on 22 July. Unfortunately the day was a washout for our stall and the full range of promotional material could not be displayed. Well done to Mandy and Tessa for setting up and manning the stall. Fortunately these 2 members had a much more enjoyable day at the silk painting workshop organised by the Bucks Federation.

With members away on their holidays there wasn't a formal meeting in August. Instead 15 members met up in a member's house and enjoyed a selection of Woodz pizzas. Everyone relaxed and chatted and enjoyed the company. The pizzas were delicious and were rounded off by homemade crumble which definitely hit the spot. There were a lot of happy and full members.

At our September meeting we met Carol 'Scotty' McCutcheon. A lovely lady who regularly volunteers to help run a free school in Cambodia. She told us of places with exotic names such as Angkor Wat, Siem Reap and Angkor Tom, and many others. The free school she volunteers at is in Anlung Pi, an hour's drive from the nearest town. Here she helps provide an education for some of the poorest children in Cambodia. Many of these children live on a rubbish dump, collecting any recyclable material which they can sell to help support their family. They do actually live on the rubbish, making homes out of anything that will serve as some sort of shelter.

At the school the children have water

to wash in and clean their teeth, a good meal every day and access to a toilet. All are great luxuries for these little people.

Scotty told us that she only takes 2 sets of clothing as she does not want to make the local people feel conscious that they usually only have one or two pieces themselves. She gets home every day and steps straight into the shower, clothes and all, then dries the clothes ready for the next day. At the end of her trip her clothes are thrown away as the smell of the rubbish dump never really leaves them.

The volunteers, and some local people, make learning fun and it certainly shows in the pictures Scotty showed us. Lots and lots of smiling faces, children who voluntarily clean the school every morning and local mums who prepare the food. No funding is received from the Cambodian government, the school and nursery are funded by donations only and any monies Scotty receives for her presentations go directly to the free school. She then took a picture of us so that she can show the children where the money comes from when she goes on her next trip. There's no stopping Scotty!

Our clubs continue to meet up regularly. The monthly Random Readers meet up on a Wednesday once a month in the library and is well attended. Knit and Natter meet weekly and have continued to stitch up blankets for Ukraine and are busy making poppies to refurbish the numbers for the Poppy displays in November. They are also helping to make cuddle pockets that were introduced by Mandy, a committee member. Mandy explained to all members at the October meeting that cuddle pockets' are used to help

transport early loss babies to hospital. Ambulance crews are now asking for them as it makes a most distressing time easier to cope with, both for the parents and the ambulance crews themselves. She asked that any members who would like to make some of these could give them to her and she would then forward them to a group of volunteers who send them to crews all over the country (Needles and Hooks, Angels and Premmies).

The Craft group led by Kathleen created some fabulous corsages in July, followed by silk painting led by Tessa and Mandy in August and in September they will be making Autumn wreaths. The Walking Group walked from Rickmansworth to Oxley Green and managed to avoid the rain. They all enjoyed the walk and are looking forward to more walks this autumn. Our new Social Club is going from strength to strength. They met at Wilstone Reservoir and after a short walk taking in the beauty of the scenery met up with others at P E Meads for a coffee and a chat. Their next visit

was to the Summer Wool Festival at Ampthill and members came back raving about all the different British Wool and demonstrations happening in the halls. They had a wonderful time. Their most recent trip was to Luton Hall Walled Garden. They had a fabulous time and the weather was dry. Their next visit is to Evethrop in October.

Future events include a Quiz Night coming up on October 14th with Tables of 6. Tickets are £15 each and include a two course supper and a great evening of fun and laughter. Please bring your own drink. All are welcome, so please contact Sue Jones 01296 660436 if vou would like to join us. Our meeting in October is all about "The History of famous Jewels" by Peter Hague and promises to be a very interesting talk. We are having a Craft evening in November and the December meeting will be our Christmas celebration. Lots to look forward to.

If any one is interested in joining our Group and would like a trial or further information, please contact Annette Hutchinson email: annetteipwi@btinternet.com





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BeaconLit Book Lovers

eaconlit was founded in 2013 by local author Dave Sivers and Avril Davies. Since then, it has gone from strength to strength and attracts award winning authors to the small village of Ivinghoe, set in the beautiful Chilterns countryside. People keep coming back, to be inspired, informed and to enjoy the beautiful mystery of what happens when you turn a page (in books both physical and virtual).

The festival now has a settled location (the village school), a loyal following and an impressive past roster of authors, including Carole Matthews, Ruth Hogan, Stacey Halls, Cara Hunter, Sophie Ward, Mark Billingham, AJ Pearce, Rowan Coleman and Nazir Afgal.



It is promoted in the local community library (a prime mover in the festival), through fliers in surrounding towns and a busy social media publicity campaign. The library is instrumental in publicising the festival, and some of the proceeds are given back to the library so as to keep it as a necessary resource for the villages.

Beaconlit 2024 will be taking place on 13th July next year, save the date now! More details to follow soon, so watch this space!

Best wishes, **Avril and Dave**BeaconLit

www.beaconlit.co.uk



Is the market seeing less demand?



he last time I penned an article for this publication was in November last year. We were in the midst of a cost-of-living crisis; rising energy and food costs were on the tips of everyone's lips. Liz Truss arrived, threw a grenade, and left. The spectre of a recession was looming large and the media frenzy predicting a housing market crash was widespread. We have seen 8 interest rate rises in this time (Sep 22 – 2.25% – Aug 23 – 5.25%) subsequently and continued talk of a fight against inflation.

So, here we are nearly a year later and what does the local housing market landscape look like?

Without delving into the hard data, which will be the best part of 12 months out of date by the time it can be collected, I will instead give you a real time current appraisal based on what my clients and I, in this locality, have been experiencing.

The market has cooled. The market has depreciated in value. The market is seeing less demand.

With your average mortgaged buyer now borrowing at somewhere between 5-6% interest, rather between 1-2%, it is natural that they will probably have had to adjust their budget to manage their affordability. What they do not do is adjust the property they want to buy. So we see values being pulled down. With fewer buyers out there, there is less competition, coupled with the perception of market conditions armouring the way they offer and buy.

In a rising market buyers would bid over the asking price as they were happy to pay

tomorrow's price. In a depreciating market the reverse is true

So, what does all that mean in real terms for local sellers? The reality is it feels a lot like 2019/2020. The viewing numbers and general activity levels. The gains made to house prices fuelled by stamp duty holidays and cheap borrowing have evaporated. In my opinion, we have seen a drop in value of around 7-8% (based on September 2023 figures) over the last 9-10 months. There hasn't been a significant crash , more of a slow depreciation back to figures, values and activity levels seen not that long ago.

What this does mean is that if you are looking to move and you haven't had your house valued for a year, please get it revalued! Please do not base your hopes and dreams on a previous market value. Doing so will see an undoubtedly long journey in the market and frustration. Price appropriately and the buyers will come. Perhaps not all on one 'open day' like in the heady days of yore, but they will come.

Let's face it – we are all blessed to live in a truly beautiful part of the world and that in itself will always be a huge driver for people to want to come and live here. It just comes down to price, as some long forgotten commentator or economist once said, 'everything sells'.

All opinions here are very much my own. As an Independent Estate Agent and resident of Ivinghoe I am always happy to offer advice to anyone that needs it, and without obligation! Well, perhaps a nice cup of coffee in return will suffice. Get in touch at Jon-Paul.brampton@exp.uk.com or 07359 015 020.

Ivinghoe Speedwatch



o vou have concerns over the speed at which vehicles travel through your village?

Do you have an odd hour to spare in the week at a time to suit you?

If so, please consider volunteering your time and join the local friendly bunch that is Ivinghoe Speedwatch.

If you are interested in joining please go to the Ivinghoe Parish Council website www.ivinghoepc.org.uk and click on the 'Sentinel Camera' heading. On this page you will find an enquiry form, please fill it in and it will be sent to the Speedwatch Co-ordinators.

Why do we have a **Speedwatch**

Take Great Gap and Station Road in lyinghoe as examples.

Up to 10,000 vehicles per day travel through Great Gap and along Station Road, that is every day including Bank Holidays and weekends.

72% of those vehicles are speeding through a residential area where there are no footpaths and children have to wait on the roadside to catch the school bus. That is 7200 speeding vehicles per day. Many are travelling at speeds up to 97mph within a 30mph speed limit.

51% of those vehicles are travelling at a speed that the Police Camera Van can capture and report, that is 5100 vehicles per day that could potentially

lose their licences.

41% of those vehicles are travelling at a speed that the lyinghoe Speedwatch can capture and report, that is 4100 vehicles per day.

When the Speedwatch camera is out and about that 41% figure drops to an average of 15%, sometimes going down to as little as 5%, so you can see that Speedwatch can make a difference.

Finally, for Great Gap, we have a statistic called the '85th percentile' this is the speed that 85% of the traffic is travelling at or below and for Great Gap that figure is 44mph. The 85th percentile figure to trigger the police camera van to come out is 35mph.

Similarly, we can look at lyinghoe Aston Up to 800 vehicles per day travel through Ivinghoe Aston, more on some occasions.

29% of those vehicles are speeding through a residential area where there are no footpaths and children have to wait on the roadside to catch the school bus. That is 280 speeding vehicles per day. Many are travelling at speeds up to 75mph within a 30mph or 40mph speed limit.

26% of those vehicles are travelling at a speed that the Police Camera Van can capture and report, that is 210 vehicles per day that could potentially lose their licences.

13% of those vehicles are travelling at

a speed that the Ivinghoe Speedwatch can capture and report, that is 100 vehicles per day.

The 85th percentile figure for lyinghoe Aston is 38mph within the 30mph zone and 44mph within the 40mph zone.

So where does Speedwatch fit into the greater scheme of things

Speedwatch is an educational tool. Once a concern has been raised about speeding various things come into play. The escalation procedure is:

- Install a Movable Vehicle Activated Sign (MVAS – flashing 30) or a Speed Indicating Device (SID – smiley face indicator)
- Speedwatch
- Police Camera Van
- Re-engineer the road to reduce speed.

A kind reminder to those that speed

Please do not ignore the MVAS/SID, and/ or Speedwatch camera and/or the Police Camera Van. They are there for a reason.

MVAS/SID

This is primarily an educational tool. Apart from advising you of either the speed limit or the speed that you are travelling at, both devices are counting vehicles, their speed, etc and the statistics can be used by the police to instigate the use of the camera van. No actual data is captured of vehicle registration numbers, etc.

Speedwatch

As previously stated, this is an educational tool. Video clips of speeding vehicles are processed and passed

to the police for further action. This is usually in the form of a letter, but under certain circumstances vehicles can be added to a Roads Policing watchlist. As this is also actual evidence, any vehicle found by the police to have been on the road without tax. MOT or insurance will be dealt with accordingly.

Police Camera Van

If deployed, any vehicle caught speeding is liable to a fine and points on their licence or where appropriate offered a Speed Awareness Course. Under some circumstances it may mean a visit to the Magistrates Court.

Finally, if you have read Phil's Ivinghoe Aston article within this months publication you will note there was an incident involving a local resident.

Admittedly speed was not a factor in this case, but just think of what the consequences could have been if it had.

Similarly, this incident did not happen on our roads within the parish, but had it done and speeding as well (as you can see above there is a very high incidence of speeding in the parish) the consequences say of someone pulling out of their drive into the path of a speeding vehicle does not bear thinking about.

Speedwatch is not about reporting speeders to the police, it is about making our roads safer for our residents and educating drivers. Our ideal day is when we catch not a single speeding vehicle.

Your local friendly Speedwatch team

Beacon Community Choir Captain Noah and his Floating Zoo Michael Flanders and Joseph Horovitz Feel the Spirit John Rutter Vivid and expressive arrangements of familiar spirituals Sunday 19th November 2023, 4pm St Mary the Virgin, Ivinghoe Gaye Boggon soprano ★ Craig Nathan piano

For our autumn concert,
dedicated to Richard Locke and Robina Scahill,
the Beacon Community Choir will perform
two joyful works - perfect to put a smile on your face
on an autumn evening.

Captain Noah and his Floating Zoo

Captain Noah and his Floating Zoo is a lighthearted look at the old testament story and has been popular with adults and children since its creation. It has been performed in many different versions and adaptations, most notably by The King's Singers. The musical style of the cantata is unashamedly eclectic and exploits all well-known types of popular music to tell this ever-green story in a tuneful and amusing way.

Feel the Spirit

Feel the Spirit is a cycle of familiar spirituals expertly arranged by John Rutter. These vivid and expressive arrangements bring new life to such well-loved titles as Steal Away, I Got a Robe, and When the Saints go Marching In and is designed to raise your spirits and set your toes tapping.

Tickets £12.50 (children free) in advance from Lindsay Hewlett

www.beaconcommunitychoir.co.uk or £14 cash on the door

07986 009157 beaconcommunitychoir@gmail.com

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The Ecclesiastical Parish of Ivinghoe with Pitstone The Church of St. Mary the Virgin

Vicar

Rev. James Grainger-Smith 01296 297915 (Please call to arrange Baptisms, Weddings, Funerals or Burials)

Licensed Lay Ministers

Mrs Barbara De Butts 01525 221080 Mrs Sandra Green 01296 668648

Churchwardens

Mrs Babs Byrom 07860 780127 Mr David Green 01262 668648

Our Usual Pattern of Services is:-

Every Wednesday 10:15am Holy Communion (BCP)

1st Sunday of the Month 10.00am Worshipping Together (All Ages)

2nd Sunday of the Month 10.00am Holy Communion

3rd Sunday of the Month 10.00am Morning Praise

4th Sunday of the Month 10:00am Holy Communion

5th Sunday of the Month 10.00am Benefice Communion

Because the Parish of Ivinghoe with Pitstone is part of a Benefice (i.e. shares a vicar) with the Parishes of Slapton and Marsworth, the venue for the 5th Sunday Benefice Communion rotates between the three Parish Churches.

For the most up-to-date information please go to our website:-

https://www.achurchnearyou.com/church/162/

At the major festivals of the Church Year (e.g. Holy Week, Easter Day, Remembrance Sunday & Christmas) there may well be special services instead of the above pattern - again, the website is the best place to find up-to-date information.



Ivinghoe & Pitstone Chapel Fellowship

Sunday Services are held on the **third Sunday** of each month, at 12 Church Rd unless otherwise specified, and start at 10.30 a.m. followed by refreshments

FIRST THURSDAY FRIENDS

Come and enjoy a family film on the **first Thursday** of each month. Time: 2pm - approx 4.15pm in the millennium room, Pitstone Hall

PITSTONE OVER 60s' CLUB

We are a small and friendly group of local men and women who meet together for a varied programme of Speakers, Entertainment and Quizes etc., plus Refreshments.

We meet at the Yardley Centre, Yardley Avenue,
on the **third Thursday** of each month: 2.00 – 4.00 p.m.

Interested? Need more information? **01296 668005**

IVINGHOE HANDBELL RINGERS

Ivinghoe handbell ringers will restart their Monday afternoon practices on Monday 5th September at 1.30pm. New members are welcome. They will be playing in St. Mary's Church Ivinghoe on 15th October at the Musicathon so come and see if it may be something you would like to join. We are a friendly group and hope to be able to brush up our skills in order to be able to resume our ability to entertain others from time to time. Please contact Eilish on **01296 668122** if you would like to come for a taster session.



St. Mary's Church Ivinghoe

Come and join us in church for 'Coffee, Cake and Crafts' **Sunday 26th November from** 2.30-4pm.

Theme: Advent and Christmas

To book a place please contact Sandra Green: sandragreen20@hotmail.com

or book via our Messy Church Facebook page Messy Church at St Mary's Ivinghoe | Facebook







'Tea and Tots' at St. Mary's Ivinghoe



Fun for under 5's and their parents and carers





The sessions are flexible. Drop in any time you like between 10 and 11.30am for the children to play, and for the adults to have a cuppa and a chat.

Fridays:

6th and 20th October 3rd and 17th November 1st and 15th December

For more details contact Sandra on 01296 668648



Brookmead School seeks two Partnership Governors

At Brookmead we strive to work closely with families and the wider community to bring learning to life and life to learning.

Partnership Governors are drawn from the wider community and play a special role in representing the interests of the school with the community. Could you share your expertise and learn and grow with us?

Prior experience is not required. As a governor, you can expect to:

- Support children and young people locally
- Use and build on your local networks and connections
- Share and develop your skills in areas valued by employers
- Support your career development, adding to your CV

Governors work in partnership with school leaders to shape the future of the school, agree on the key issues to help staff to raise standards, and determine how budget will be spent to achieve these aims.

Now is an exciting time to join. We recently welcomed a new headteacher and are building on the school's strengths to enhance opportunities for our children.

Express an interest or find out more: office@brookmead.bucks.sch.uk



A love of reading at Brookmead School

At Brookmead School, we absolutely love to read. Our children are taught to read using the Read, Write, Inc phonics scheme. This is supplemented through reading books to develop phonetic knowledge during foundation and year 1. From year 2 onwards, our children have a love of reading book and a reading book band book.

We have an incredibly creative group of staff who have worked together to develop our library area at Brookmead School. The children select their love of reading book from the library and get to have a weekly library slot to enjoy perusing our wide range of fiction and non – fiction texts. We also have a themed area within our library which highlights a range of texts for children to read. We have had a Magical Tales themed area and we currently have a 'Diversity' themed area. Every year group has a shared reading area where the children can cosy up and enjoy reading a good book!

Brookmead celebrated a love of reading through World Book Day this year. Staff and children dressed up as their favourite book character. Little Red Riding Hood made an appearance in each class and asked the children to help her keep an eye out for the wolf throughout the day – wanted posters were displayed everywhere!

If you too have a love of reading and would like to enjoy this alongside our children, contact the school as we have applications for volunteer readers opening in the summer term.

(All volunteers will be subject to a DBS check.)







Brookmead - shared reading area

Ivinghoe Allotments

News from the Allotment

ay back in August (if you can remember that far back) when the weather refused to cooperate from the instant schools broke up to the second they returned – I felt quite poorly. Indeed, I was ill for much of August. I am now fully fighting fit again, thanks for asking, but for that month I felt pathetically weak and couldn't do much. That annoyingly meant that I had to put many planned projects on hold and a fair number of these involved the allotment. I had intended to construct a bench, build more secure squirrel and waterproof chicken food storage and paint my shed.

Apart from my husband, Roger, visiting the plot each day to check on the chickens, lob in some extra treats, water the tomatoes and chillies in the greenhouse and carry out the occasional mow, not much human activity actually took place at the allotment. However, the courgettes grew, multiplied and inevitably transformed into marrows (no surprise there) and my beans, although neglected, achieved a prolific variety which for the first time ever made them a joy to behold.

I also asked my friend Alex, another allotmenteer, to also keep an eye on my patch for me and while she was there, help herself to courgettes and beans.



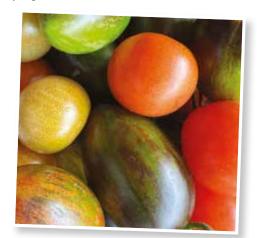
Fortunately, her daughter Amelia (2 1/2 years old) absolutely loves to visit the chickens and I suggested, while she was there, that she'd also like to pick raspberries and cut dahlias for her vases. Amelia loved to eat raspberries but also play hide and seek in what she slightly embarrassingly but aptly called 'The Jungle'. It must seem different to someone so little to explore dahlia beds, especially as the plants, not having been cut, were taller than usual and flanked by sky high Jerusalem Artichokes foliage and guarded by the rough and tumble of the raspberry canes.





Despite these challenges, the raspberries and tomatoes were a great success.

Another success of this summer was the Ivinghoe, Ivinghoe Aston and Pitstone Horticultural Show, held at the Hub on Saturday 19 August 2023. There were many entrants and something to judge in most classes. The standard was





high, especially from local children and judging very hard indeed. A big thank you to all of you who entered and came along to support the event. We look forward to seeing you again next year.'

As summer fades into memory and winter approaches there's less to do. I will no doubt peruse catalogues, order far too many packets of seeds and dream of spring. Apart from planting garlic, mostly elephant garlic, I plan to finally erect a polytunnel and will let you know how that goes. I am excited about this as it will mean there's more room to grow seeds, including cut flowers, which I have so far sown on a limited basis, plus (for me) unusual varieties such as lemon grass and accommodate more tomato plants. Well, that's the theory.

Experience has shown me that planning from scratch to re-arrange an allotment or garden-based vegetable plot can be a little daunting. Many, many books have been written on the topic, but perhaps the most succinct I've found is the 'GrowVeg' YouTube video which cites a number of key steps.

The right location is helpful, look for at least eight hours of direct sunshine for the best results. Soil conditions are important which means good drainage, this is where raised beds come into their own. Also avoid frost pockets.

Consider paths and bed size. Aim for easy access with a lawn mower and/or wheelbarrow and to simplify planting, 1.2m diameter beds (both tips I didn't heed up front and can confirm made life harder). Draw up a plan which considers 'fussy' plants, especially ones that need full sun, the way that vertical or climbing plants will cast shade and of course, shade loving plants such as salads. Sprawling plants should be situated at the plot's edges. Finally, find the right home for staple crops such as onions or potatoes.

Convenience is a big factor to keep in mind. When planning your plot, aim to ensure convenient access to all areas. This is again, something I seem to have overlooked, but I am gradually rectifying it. Also don't forget a composting area. Finally, while a protected area for growing seedlings may not be vital it should be regarded as very useful and doesn't have to involve huge expense. Look at Instagram or Gardener's World and you'll see world of beautiful upcycled greenhouses and cold frames. Most importantly don't stress and have fun.

Oh, and in case you recall my 2023 New Year's resolution was to 'plant my seeds in February and early March', let's just say I'm carrying that one over to 2024.

It's November and although you may be busy planning your 2024 growing season, you cannot forget that Christmas is around the corner, which means presents. My friends and I aim for something homemade. It is more personal and as we tighten our belts, practical, thus here is a recipe from Donna Hay's, 'Christmas Feasts and Treats' for:

Lemon and Vanilla Snowflakes (makes 25 and can be used as Christmas decorations too)

Ingredients: 125g unsalted buttersoftened. 110g caster sugar. 1 egg. 2tsp vanilla extract. 225g plain flour-sifted. 1tbs finely grated lemon rind. 160g icing sugar-sifted. 1tbs boiling water.

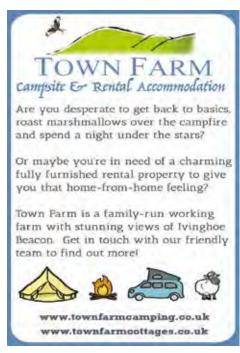
Method: Beat the butter and sugar together for 6-8 minutes or until pale and creamy. Add the egg, vanilla and lemon

rind. Beat for a further 2-3 minutes or until well combined. Add the flour and beat until the mixture just comes together to form a smooth dough. Roll the dough out between 2 sheets of non-stick baking paper to 3mm thick. Refrigerate for 30 minutes or until firm. Preheat the oven to 140C. Line 2 large baking trays with non-stick baking paper. Using assorted snowflake shaped cutters, cut 25 shapes from the dough, re-rolling as necessary. Using the tip of

a 2mm round piping nozzle, cut a hole in the top of each snowflake. Place on the trays and bake until golden (about 8-10 minutes). Allow to cool completely on the trays. Place the sugar and water in a small bowl and mix until smooth. Use a 2mm round nozzle pipe onto the snowflakes to decorate. Allow to set before threading with string or ribbon.

Happy present giving and I also wish you a happy and healthy New Year.

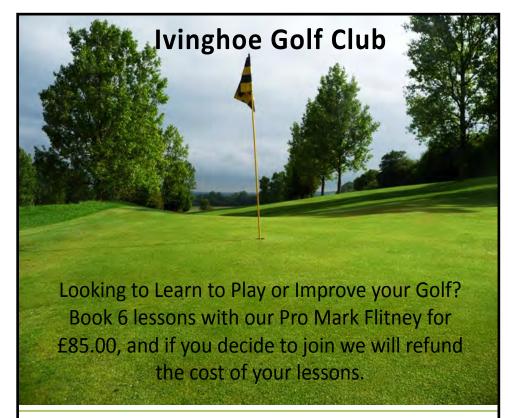












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1st Ivinghoe and Pitstone Beavers (5 3/4 -8 year olds)

Monday 6-7pm with Tom as Watermill Coloney leader Tuesday 6-7pm with Jakki as Windmill Coloney leader

1st Ivinghoe and Pitstone Cubs (8-10 year olds)

Wednesday 6:30-8pm (Dan) Akela as Windmill Pack leader Thursday 6:30-8pm (Rob) Shere Khan as Watermill Pack leader

1st Ivinghoe and Pitstone Scouts (10 1/2 -14 1/2 year olds)

Friday 7-8:30pm Andrew as Troop Leader

For any enquiries or to join the waiting list please contact us on ivinghoe.pitstone.scouts@gmail.com

Or our Group Scout Leader, Andrew Woods on ivinghoe.pitstone.scouts@gmail.com or 07768 980311

We are also raising money to rebuild the village a purpose built scout hut and are selling bricks to supporters for £10 each. Please email the above address for details.

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ALLOTMENTS

Recently the allotment trees were surveyed by an arboriculture expert and essential tree work is required.

Ivinghoe Parish Council has applied for permission from Buckinghamshire Council as the trees are located in the Ivinghoe Conservation Area. At the time of writing the work is expected to start in the autumn.

The allotment site is primarily for growing produce, mainly vegetables with the occasional fruit tree permitted, other trees unfortunately are not allowed as they create problems when not maintained and block light onto surrounding allotment plots. There is a lovely woodland area and walk to the picnic site, a real haven for wildlife.

The Allotment Officers would like to remind allotment holders following National Allotment Association rules that 75% of the allotment plot must be cultivated.

Have you ever thought about 'growing your own'? Growing your own fruit and vegetables can be a very satisfying experience and in Ivinghoe we are very lucky to have some beautiful allotments just off Church Road, overlooking St Mary's Church.

If you are an Ivinghoe resident and would like some more information about availability of plots - we have them in a range of sizes - please contact the Parish Clerk at ivinghoeparishclerk@gmail.com

NB: there may not always be an available plot but we do keep a waiting list!



TIME TO GET WALKING AGAIN!

With Autumn on its way we start to think about getting out to walk in the beautiful English Countryside again, but where to find new and interesting walks?

Walking in Bucks https://www.walkinginengland.co.uk/bucks has loads of walks to download and print, free, it also has books of walks, details of all the walking groups in the county and much more. Whether you want to walk on your own or with a group all the information is there in one place.

John Harris (who maintains the website) said 'There is so much walking information on the web but it is difficult to find. Walking in Bucks (part of the Walking in England website) has brought it together in one place so whether you are walking from home, or away on holiday, you will be able to find a walk suitable for you'.

With walks from half a mile to twelve miles plus long, and a note of suitability for pushchairs and wheelchairs, everyone can find a walk to enjoy.

So home or away, check out the websites and get walking!

John Harris www.walkinginengland.co.uk

Email: john@walkinginengland.co.uk





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Need help with your project?

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> Contact me, Jo Evans on joevanspm@gmail.com

Ashridge Ramblings

Protecting our Roots

More people visit Ashridge each year than the Eden Project, the Giants' Causeway and Hampton Court Palace combined. The total is around 1.7 million. which is roughly three every minute of every day. That our 2,000 magnificent, health-enhancing hectares are so popular is cause for celebration but creates huge problems for the National Trust, which has to balance its statutory obligations under a range of wildlife, archaeological and heritage regulations with its strategic mission 'for everyone, forever'.

The need to reduce visitor impacts on wildlife has reached a critical point. In muddy conditions, designated paths become wider and new paths form. The soil becomes compacted, which stresses tree roots. Fly tipping, general rubbish and dog waste spoil enjoyment and pose a direct threat to plants and animals. Off-piste cycling and walking, and parking on verges degrade habitat. Barbecues create huge fire risks. With 30,000 new dwellings planned within 12.6 km of Ashridge's boundaries, from which area 75% of its visitors come, 200,000 more people per year are expected, putting Ashridge on a par with Kew Gardens!

One of the great things about Ashridge is its extraordinary diversity of landscapes and habitats. Over the next five years or so, there will be a concerted

effort to encourage visitors away from the areas that, rightly, have the strongest protection in law, and to the ecologically and archaeologically less sensitive, but no less beautiful, parts. Seventeen areas, each with its own distinctive set of characteristics, have been identified. Each is suited to different needs. Some lend themselves to a range of visitor activities, some are suited to nature watchers, some should be left to wildlife and grazing livestock only.

With this in mind, new visitor hubs will be created around the vast estate, with facilities and features appropriate to each individual site. Facilities at the current Visitor Centre will be reduced and the shop will be relocated. The delights of less well-known parts of the estate will become more familiar and you may well be amazed at what you've been missing.

A huge amount of thinking, consultation and planning has already gone into these pivotal developments. More will come, and the Trust is always keen to hear your views. For further information as it becomes available, see www.nationaltrust.org.uk/ ashridge-protecting-our-roots. We all need to root for Ashridge, i ts wildlife and its visitors.

Rikki Harrington

November 2023: Issue 126

(Ashridge Estate Committee Member) harrington.rikki@gmail.com

Honey Bee Swarms are Important!!

Honey Bee Swarms: Swarms such as the ones pictured are merely Colonies that are in transition. Normally these Swarms are found hanging from tree branch, fence post or any place where the swarm can gather close to the Queen while scouts are sent out to look for a more permanent home. A swarm left alone will only be in place from just a few minutes to a few hours and occasionally a few days. Generally these swarms are very docile and the swarming Bees usually will not sting. When Honey Bees swarm they gorge themselves with honey before leaving the hive which makes it very hard for them to double over and sting.





What Causes Honey Bees to Swarm?: Honey Bees have a natural instinct to survive by sending out new colonies. They may also swarm through overcrowding or because an old queen is thought to be failing and they wish to raise a new one. Honey Bees usually swarm in early spring just as the colony is building up numbers in anticipation of the upcoming honey flow but swarming can happen through to late summer It is difficult to predict if weather conditions will lead to a large number of swarms in a particular year.

If You See a Swarm: Declining Honey Bee numbers make the collection of swarms an important part of the work of bee keepers. You should never interfere with a swarm and pest control companies will not kill a swarm unless absolutely necessary.

Please contact:

MBBKA Swarm Hotline 07770370132 or

Brian Bush - Mid Bucks Beekeepers and BBKA Swarm Officer

BBKA British Bee Keepers Association website http:www.bbka.org.uk

Mid Bucks Bee Keepers Association website nttps://mbbka.org.uk/









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 Click on the 'download' icon

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May be slightly different between iPhone and Android

Buckinghamshire Councillors Report

Report from Buckinghamshire Councillor Derek Town

Giving Access All Areas to people who are autistic and/or have a learning disability

Aimed exclusively at people in Buckinghamshire who are autistic and/ or have a learning disability, the event is designed to ensure people are aware of the range of services and support available and to encourage healthy lifestyles and wellbeing.

Currently in Buckinghamshire there are over 2,400 people with learning difficulties and over 5,000 autistic people, many of whom are not accessing activities or services available to them.

The Access All Areas event aims to showcase the fantastic range of services which can help support people who are autistic or have additional needs, to live a fulfilled, independent and healthy life.

Run in partnership with Buckinghamshire Integrated Care Board, this year **Access All Areas** will be held in two locations. The first event takes place at The Gateway in Aylesbury on 16th October between 10am and 4pm and the second event takes place in High Wycombe at the Highcrest Academy on 26th October, from 10am to 4pm. The free events are aimed at autistic children, young people, and adults and/or those with a learning disability. Carers, family members, friends and care workers are also encouraged to attend.

Both events will feature information stands and interactive learning activities from charities and services who work to support and promote equality for autistic people and/or those who have a learning disability. This includes NHS teams who will be promoting health checks and other checks that can be done at home. These checks are a proactive way of picking up on health concerns and preventing more concerns, helping people with learning disabilities stay as healthy as possible. Health professionals will be on hand to talk through what to expect from an annual health check and answer questions. Other highlights at the event include sporting activities open to everyone and advice on how to get your voice heard to make changes within public services.

There will be designated breakaway areas for anyone needing some time-out and specific quiet hours between 10am to 11am and 3pm to 4pm



The camera never lies – Another fly-tipper caught in the act

The camera never lies, and in this case, it has helped convict another fly-tipper who thought they could get away with illegal dumping in Buckinghamshire.

On 30 August 2023, Ravinder Singh of Mellow Lane East, Hayes, attended High Wycombe Magistrates Court and pleaded guilty to an offence of illegal dumping, which is better known as fly-tipping.

The court heard that a frustrated local resident saw a double mattress dumped outside his house on Old Mill Lane, Denham, Buckinghamshire. When he checked his home CCTV security system, he saw the mattress appeared on the far side of a van that pulled onto the pavement.

Enquiries by Council officers established that Mr Singh was the driver of the offending vehicle. When interviewed under caution at Hayes Police Station he denied dumping the mattress but couldn't offer a plausible explanation as to how the mattress got to the spot it was found in.

Singh was fined £1,057. He was

also ordered to pay £874.37 towards prosecution costs and a victim surcharge of £473, making a total to pay of £2,404.37.

Household recycling centres change to regular winter opening hours

From Sunday 1 October, all 10 of Buckinghamshire's Household Recycling Centres (HRCs) will switch over to the usual winter opening hours of 9am to 4pm.

The days each centre is open will remain unchanged but the change in hours reflects the fact that as it gets closer to the clocks going back at the end of October and over the winter months, the number of visitors to the sites decreases rapidly once it starts to get darker earlier.

To find out which days your local HRC is open and also further details of what can and cannot be taken to a centre, visit: buckinghamshire.gov.uk/waste-and-recycling/

Did you know you can also view live webcam footage via the council website, to check if the site is busy and avoid having to wait in a queue? If you are

unsure about the best time to visit. take a look at the cameras and plan your trip accordingly.

Start your journey to quit smoking this Stoptober

Smokers in Buckinghamshire are being encouraged to make this month the start of their journey to giving up smoking for good and to play their part in the goal of creating a future smoke-free generation.

Statistics show that around 10% of people in Buckinghamshire regularly smoke cigarettes or tobacco. Buckinghamshire Council wants to raise awareness of the benefits of quitting smoking during the month-long national campaign, Stoptober, to encourage more people to guit smoking.

The negative impacts of smoking are well documented when it comes to health and household finances. However, within just days and weeks of stopping smoking, the positive benefits emerge, including having more energy, breathing more easily and saving money. If you can stay smoke-free for 28 days, it has been proven that you are five times more

likely to auit for good.

In Buckinghamshire, a large amount of work is being done as part of a longer-term aspiration, to create a smoke-free generation. One of the key parts of this initiative is to reduce the exposure to smoking experienced by children and young people. In 2022 Buckinghamshire Council introduced the Smokefree Sidelines initiative. This Public Health campaign seeks to discourage adults from smoking on the sidelines at grassroots sporting events so as not to expose children to the effects of secondary smoke inhalation and to discourage young people from wanting to take up smoking.

Another part of the work is the creation of Smokefree Parks and Playgrounds which operates in the same way. Since the start of the Smokefree schemes:

- 11 sports clubs have signed up to Smokefree Sidelines
- 14 parks and playgrounds have gone smoke and vape-free

Councillor Derek Town





Your local **Councillors**:

Cllr Karen Groom

Chairman - Ivinghoe Parish Council Add: Willowdene Farm, Ivinghoe, LU7 9EA

Tel: 01296 668326 or Mob: 07882 3562411

Email: karengroom@hotmail.co.uk



Cllr Helen Nash Email: helennashpc@outlook.com



CIIr Claire Bamber

Vice Chairman - Ivinghoe Parish Council Add: Bruce Grove House, Great Gap. Ivinghoe. LU7 9DZ

Tel: 01296 668134 or Mob: 07711 107 114 Email: claire.bamber@btinternet.com



Mrs Bridget Knight Clerk to Ivinghoe Parish Council Add: Parish Office, Ivinghoe Town Hall, High Street, Ivinghoe, Bucks LU7 9EP

Tel: **07960 605393** Email: ivinghoeparishclerk@gmail.com



Cllr Paul Jellis

Email: ivinghoeparishclerk@gmail.com



Cllr Peter Brazier Buckinghamshire Councillor Email: Peter.brazier@ buckinghamshire.gov.uk



Cllr Stephen Lott

Add: 2 Yew Tree Close, Ivinghoe, LU7 9ET. Tel: 01296 668897

Email: sil@linley-lott.me



Cllr Chris Poll

Buckinghamshire Councillor Edlesborough Ward Add: 43 Gooseacre, Cheddington LU7 0SR

Tel: 01296 663 737 Email: chris.poll@ buckinghamshire.gov.uk



Cllr Sheena Bexson

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CIIr Derek J Town

Buckinghamshire Councillor Tel: 01296 661637 Email: derek.town@

buckinghamshire.gov.uk



CIIr Clive Ketteridge (known as Ketts)

Email: ivinghoeparishclerk@gmail.com





Saturday 25th November 9:30-12:30 Pitstone Pavilion

Bring along broken items 4 to be fixed by volunteers!

No charge for fixing, but donations are welcome





SAVE:

Bring along:

- Tools and equipment
- Electrical goods
 - Electronic devices (phones/tablets/laptops)
 - Clothing, fabrics, jewellery

- Household items
- Toys and games
- Wooden items
- Bicycles

And more ...



1 Ivinghoe & Pitstone Repair Café

ivinghoerepaircafe@gmail.com

www.iprepaircafe.wixsite.com/ repaircafe