

# Ivinghoe Beacon Magazine

Issue 106

70 pence where sold



# **Inside this Issue:**

- Welcome From the Chair
- Ivinghoe Flower and Produce Show
- Ivinghoe & Pitstone Girls Football and Cricket

he Quarterly Magazine if Ivinghoe Parish Cound

# The **Beacon** Team...

he Beacon Magazine would not reach your door without the kind help of the volunteer band of distributors.

Many thanks to them all; Andy Beezer, Les Hyde, Pat Roach, Geoff Travis and Rob and Anne Cattle – it couldn't be done without you!

If you have any skills that will help us to keep the magazine going or you would like to submit an article, please let us know as we are always looking for new and varied talents!



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2

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## **CONTENTS**

3
6-15
20-24
30-32
36-39
40
44-46
48-55

## BEACON COPY AND ADVERT DEADLINES

We aim to get the magazine distributed around the beginning of every February, May, August and November. To ensure your article or feature makes the edition you would like please see the submission deadlines below:



November 2018 – 4 October 2018 February 2019 Edition – 4 January 2019 May 2019 Edition – 4 April 2019 August 2019 Edition – 4 July 2019

### BEACON MAGAZINE ADVERTISING RATES:

1/4 page £58 per year 1/3 page £65 per year 1/2 page £95 per year Full page £130 per year

NB: Rates are for 4 editions.

Artwork must be supplied as a jpeg or a pdf file.

# Welcome from the Chair

elcome to the August edition of Ivinghoe Beacon Magazine. At the time of writing we are enjoying long sunny days and the local farmers and gardeners are very busy.

Ivinghoe has recently enjoyed the action-packed church fete and it was good to see some of you at the IPC Annual Meeting in May where we took part in defibrillator training and discussed local issues.



Karen Groom, Chair, Ivinghoe Parish Council

### **Brownlow Bridge**

We have all been inconvenienced by the Brownlow Bridge closure, following the recent road accident, hopefully it will be repaired and open by the time you read this. Unfortunately, the businesses in lyinghoe have suffered from less passing trade but we know the residents in Great Gap have enjoyed very little traffic.

### **Ivinghoe Lawn**

I am sure you will have noticed the Ivinghoe Railings have been replaced and there is new post and rail wooden fencing between the upper and lower Lawn, the council has received lots of positive comments about the railings. We would like to say thank to Will Roff for installing the new railings and fencing, for doing such a great job. Thank you to AVDC New Homes Bonus for funding this project. The table tennis table should be installed soon.

IPC have written several times to the landowner of the Lower Lawn to ask him to urgently clear the footpaths across his land. We know how well used these footpaths are by families walking to Brookmead. The land owner has not responded, and we would like to thank the local resident who kindly cleared the footpaths.

# **Bucks Best Kept Village Competition**

The Best Kept Village judging took place in June and results are expected at the end of July. Please check the IPC website for results when we receive them.

### **Noticeboards**

Both Ivinghoe Aston and Ivinghoe (nr Brookmead) have new noticeboards. The noticeboards are updated regularly with news, information and parish council agendas.

# **Ivinghoe Allotments**

As part of National Allotment Week Ivinghoe Allotments will be welcoming visitors on Saturday 18th August between 1.30 – 4.00, further details from our two allotment correspondents Gloria and Ernie. I hope you enjoy Gloria's beautiful photographs of the allotments especially the lovely wild flowers.

# Ivinghoe Flower and Produce Show

The Ivinghoe Flower and Produce Show is being held on Saturday 8th September in the Old School Village Hub, further details in this issue. Good luck to everyone who enters and thank you to the committee for running this event.

### First World War Centenary

As part of the WW1 Centenary remembrances IPC have applied for a grant from the Armed Forces Covenant Fund and if we are successful we will have WWI Soldier Silhouettes for our parish as a poignant reminder in our parish in the next few weeks.

### Beacon Magazine Ideas/ Contributions

We like to receive your feedback, we know this magazine reaches people across the world and it's good to know we have readers in Australia and Canada with family links to Ivinghoe. If you have any articles for future editions, please contact the editor by email: ivinghoeclerk@gmail.com or telephone 07960 605393.

### Website

Please check the website for regular updates: www.ivinghoepc.org.uk





### 1st Ivinghoe and Pitstone Beavers (5 3/4 -8 year olds)

Monday 6-7pm with Tom as Watermill Coloney leader Tuesday 6-7pm with Jakki as Windmill Coloney leader

### 1st Ivinghoe and Pitstone Cubs (8-10 year olds)

Wednesday 7-8:30pm (Dan) Akela as Windmill Pack leader Thursday 6:30-8pm (Rob) Shere Khan as Watermill Pack leader

1st Ivinghoe and Pitstone Scouts (10 1/2 -14 1/2 year olds)

Friday 7:30-9pm Andrew as Troop Leader

For any enquiries or to join the waiting list please contact us

on ivinghoe.pitstone.scouts@gmail.com

Or our Group Scout Leader, Keith Steers on Keithsteers@gmail.com or 07899 696722

We are also raising money to rebuild the village a purpose built scout hut and are selling bricks to supporters for £10 each. Please email the above address for details.



**Rainbows:** Monday 4.30 – 5.30pm Pitstone Memorial Hall

Guider: Elaine Thorogood 01296 661540

**Brownies:** Monday 5.45 – 7.15pm Pitstone Memorial Hall

Guider: Elaine Thorogood 01296 661540

Girl Guides: Tuesday 7.00 – 8.30pm Millennium Room,

Pitstone Memorial Hall Guider: Yvonne Ashton 01296 660044

5

To join us, please visit our website at Girlguiding.org.uk

# Rikk**IA**bout

## **Broadly Speaking**

The Ivinghoe Aston Broadband Group is continuing to hold meetings at least once a month. Here's where we are on the two complementary solutions being pursued. Our aim is to future-proof Ivinghoe Aston for years to come!

### Voneus

Voneus are now full steam ahead with a wireless internet solution for the village and have completed the planning work. The connection will ultimately come from Aylesbury. An unexpected snag is that the AVDC building has a resident pair of breeding peregrine falcons which means that Voneus cannot currently get access to install equipment. They expect access in mid-July and are giving updates directly on their website (https://www.voneus.com/updates/) and via their project Facebook page. Let us know if you want to be added to their Facebook group.

# Openreach Community Fibre Partnership (CFP)

There is much more work still to do with Openreach. It's a longer timescale project that would take around 12 months from when we formally commit, so realistically we'd be looking at around 18 months from now. The proposal is to deliver fibre to every house in the village so that every property would have it available if they choose to use it. Full fibre is the Government's long-term plan for all broadband access across the country and would offer even faster connection speeds than Voneus, albeit at a higher monthly cost. A CFP would be part-funded by the village with the cost to us estimated at

£71,000. There are grants and vouchers available which may cover all of that cost, depending on how many people and businesses sign up to the service. We've been asking plenty of questions to understand the terms and funding options in more detail.

If you have any questions, please get in touch with us either via **iabroadbandgroup@gmail.com**, by replying to Ketts' emails or via the lvinghoe Aston Facebook group. We want to represent the entire village and the feedback we get is invaluable.

**Chris Pyne and Liam Hall** 

# Nobody expects the IA inquisition

"I was on the Windrush when it sank" was a little more than I'd bargained for when asking David de Butts about exciting moments in his life. I had guessed there might be some because I was well aware of his father's extraordinary military career. Later in life, Brigadier Freddie de Butts was the 6th County Commissioner for Hertfordshire Scouts, and something of a legend. I was the 11th and was thus amazed and delighted to discover that Freddie's son lived in IA. Anyway, this is about David. not his Dad.

**Rikki:** When did you and Barbara come to IA?

**David:** It was in 1983 – we needed a fourth bedroom. I was born in Ireland and had extensive family there. My grandfather had a huge house in Ireland but my father didn't want it and it was sold for £10,000 in 1960. I was somewhat shocked to find that



it recently went on the market for a cool four million. Ah well.

**Rikki:** I guess you had an exciting childhood travelling the world with your father in the army.

David: I had a truly extraordinary childhood. The army treated its officers and their families very well and we often lived in ridiculous luxury. I was in Malaya, Cyprus (the most beautiful place in the world), Arabia (UAE) and Egypt. And yes, it was exciting. We returned from Malaya in 1954 on the Windrush, and it sank. We were in the Med somewhere north of Libva. At 6.15am we were woken by a steward telling us to go on deck because there was an engine fire. Soon the ship was ablaze and women and children, including my mother, my sister and myself, were lowered in the lifeboats. As only half the lifeboats could be lowered due to the ship listing over, my father had to clamber down a rope and swim for it, but before doing so he returned to his cabin to retrieve his gold cigarette case (a wedding present from his wife) and 200 Players No. 3. There were

nearly 1500 people on board. Four ships appeared almost immediately and loaded us on. Amazingly all survived except three of those in the engine room who were fighting the fire.

**Rikki:** In spite of, or maybe because of, your exciting childhood you didn't follow your father into the army?

**David:** No, I went for the much more mundane occupation of construction and spent most of my career with Mowlem; however, my work was not without its 'exciting problems', especially in Somalia in 1979, where I was managing a project to install port fenders to stop ships getting damaged when docking. (David regaled me with tales of rampant corruption and close shaves with officialdom.)

**Rikki:** Were you involved with any particularly notable projects back home?

**David:** The most prestigious was the NatWest Tower, opened in 1981 and then the tallest building in London. It's now the 3rd tallest. Did you know that, if looked at from above, it's the shape of the NatWest logo? (I didn't.). I also was involved in five multimillion pound office and residential projects in Milton Keynes. In all I have been involved in about 75 projects throughout my career.

Rikki: Do you have any time for hobbies?

**David:** I'm treasurer of two village halls and the Slapton Church. What I enjoy most, though, is my role with Citizens Advice in Hemel. We deal with queries

about benefits, debt, family, consumer and legal issues but all sorts of other items come up. Some cases are quite extraordinary and being able to help in some way is incredibly rewarding and fascinating as each case is different and I can never tell what the next one will be. I have had a very easy life compared to many people, and this gives me a good chance to see the other side. However, compared with what people coped with a generation ago, our generation are pretty wet really!

David lent me a great book on his father's exploits: Now the Dust has **Settled: Memories of War and Peace** 1939 - 1994 published by Tabb House.

### Rikki Harrington

Brampton, Ivinghoe Aston 01525 220625; harrington.rikki@gmail.com

Please get in touch if you have any news, views or ideas!

### Rikki Harrington



World Cup preparation at The Village Swan



We are developing our plans to care for the Chilterns for the next five

Please fill out our survey with the chance to win £50 vouchers! https://www.surveymonkey.com/r/FutureOfTheChilterns



# WI News...

# Ivinghoe & Pitstone Branch

ell a vear has now passed since all our celebrations for our 100th year and we still seem to be just as busy.

We ran the refreshment table at the Church Fete and seven of our members entered into the spirit of the day by doing another float. We were the Suffragettes, very appropriate at the moment.

We welcomed 30 members of an over 60's group from Bishops Stortford and served them a cream tea and will again be running a champagne type fizz and cream teas on the 1st July in Pitstone.

Our diner's club, knit and natter group and book club are all still going strong.

Don't forget our very popular Quiz Night on the 13th October 2018. Tickets are available from Sue 01296 **660436**. Tables of eight or we can put vou on a table.

Please contact Sue Jones for any further information or if you are interested in joining the W.I. on 01296 660436

Sue Jones, President



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# Waterside Café

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Breakfasts, Lunches, Soup, Sandwiches, Toasties Homemade Cakes, Cream Teas plus a selection of Hot & Cold Drinks

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On request for group bookings we can offer seating for 36people. Email: café@pitstonewharf.co.uk www.pitstonewharf.co.uk



# Pitstone Community Car Scheme

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11

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Oftec registered & Insured Leighton-plumbing@ntlworld.com

Ivinghoe Beacon Magazine August 2018: Issue 106

# Ivinghoe Town Hall... **News!**

le still need new committee members to help run this valuable village asset. If you would like to join then please contact Andy Beezer on 01296 660960 or email andv.beezer@bardecode.com.

### Ivinghoe Town Hall regular events:

The Town hall is an ideal location for family parties or weddings so don't forget to book early.

Also, have a look at the regular Weekly events held at the lyinghoe Town Hall.

### Why not try one of these regular weekly events?

Monday: 4pm - 8pm - Ballet Lisa (07834 281434)

Tuesday: 9.45am - 12pm - Beacon Art Marion (01296 668429)

Tuesday: 7pm – 8pm – Zumba Carolyn (07941 092673)

**Tuesday:** 8.15pm – 10.15pm – **Morris** 'New Moon' Dancers Martin Lindridge (07803-149490)

Wednesday: 8:30am and 11am Natural Pilates Andrea (07855 138005)

Wednesday: 7pm – 8:30pm Yoga Sally Craig (07753-985155)

**Thursday:** 7.00pm – 10.00pm **W.I.** 2nd Thursday of each month Sue Jones (01296 660436)

Other Thursday's: 7.00pm - 8.00pm **Pilates** (Move Better Fitness Academy) Trevor (07795-536022)

Friday: 10am - 11am Pilates (Move Better Fitness Academy) Trevor (07795-536022)

**NOTE:** We have 'slot availability', on Monday AM's, Tuesday and Wednesday PM's. Thursday AM/PM's and Friday PM's.

Also, please try the web site at www.ivinghoetownhall.org.uk where you can see regular activities and search for Hall availability dates, and make a Booking enquiry on-line.

If you prefer to enquire in person then call Stephen Swinbank (The Booking Secretary) on **01296 660680**. Or emai: spswinbank@gmail.com

The Post Office and Shop direct telephone number is: 01296 660682.

Andy Beezer



Historic user-friendly Hall with awards for Best Used and Managed Small Hall in the County. Sited in the centre of the Village, the Town Hall provides modern facilities for local groups, parties and fundraising activities.

# IVINGHOE TOWN HALL

www.ivinghoetownhall.org

# Planning a party or meeting?

### Facilities include:

- Music options including a quality electronic piano
- Stage with specialised lighting, curtains & dressing room
- Kitchen with microwave, oven, hob, fridge, comprehensive crockery and glassware
- Chair lift/wheelchair for those with mobility problems.

If you would like further information, contact Stephen Swinbank on 01296 660680 or spswinbank@qmail.com

# FORD END WATERMILL IVINGHOE, BUCKINGHAMSHIRE

The only working watermill to survive intact in the county. The mill, recorded in 1616 but probably much older, was in use until 1963. Now restored by volunteers and run by Ford End Watermill Society, it retains all the atmosphere of a small farm mill of the late 1800s. Visitors can work the sack hoist and mill wheat on a rotary hand quern.

### **OPENING TIMES 2018**

Stoneground wholemeal flour for sale on milling days.

**Afternoons 2.00–5.00pm**  $2^{nd}$  April - Easter Monday,  $15^{th}$  April - Sunday,  $7^{th}$  May - BH Monday,  $13^{th}$  May - National Mills Weekend,  $28^{th}$  May BH -Monday, 17<sup>th</sup> June - Sunday, 15<sup>th</sup> July - Sunday, 29<sup>th</sup> July - Sunday, 12<sup>th</sup> August - Sunday, 27th August - BH Monday, 16th September - Sunday, 14th October - as part of Tring Apple Fayre.

MILLING DEMONSTRATIONS (water level permitting) between 2.30pm-4.30pm approx

Last admission 4.30pm. Admission: Adults: £3 children (5-15) £1 Ample car parking – no toilet facilities. Restricted disability access School and other parties welcome by arrangement.

Contact: Mill Manager - Chris Tugby, millman@fordendwatermill.co.uk or Telephone: 01442 825421. www.fordendwatermill.co.uk



Station Rd, Ivinghoe, Bucks LU7 9EA 600 metres from the church along The B488 to Leighton Buzzard.



# **Hub News...**

itting in the very peaceful and beautifully flowery back garden at the Hub with the Bee-loud poppies and the kite flying overhead. I am thinking of the many uses this garden and old school has been put to over the years, well before the Save Old School team rescued it as a HUB for this community. June is warming up now and the village and its surroundings are blooming and breaking out in all sorts of activities, artistry abounds here as elsewhere as Arts workshop participants arrived in numbers last week. Here in the Hub we are sweeping vards, weeding and plant moving ready for the Best Kept Village challenge, also assisting the bustle of the village fete on the morrow. Decorating floats is taking place and we are printing out Float Decorating prop stuff right now in our IT Room for an anxious Suffragette as part of the Fete's Modern Day Heroes theme, and I have drawn a face for the tractor funnel! The talented WI will bring their home made cakes to sell in our Hub garden.

When not just sharing our spaces with this community – **our hall space is booked out regularly** but there is always space for more, and of course **we welcome extra volunteers to help us** to run this Hub as Hub-using trustees. Use our phone line and answerphone, email or leave us a note through the front door if you want to discuss volunteering yourself.

**Every Monday our 'Simply Walkers'** set off from outside the Hub at 10am to walk together around the fields in the area, returning to the café for a drink an hour later. As we finish our well-earned chats.



the hall is filling with Monday Bridge players. The Tuesday late morning free exercise club has become a very popular and enabling experience, using our regular Thursday morning Pilates teacher Andrea who takes such care of all our unique body eccentricities! Wednesday lunchtime was our proposed Lunch Club, but without a 'coordinator' we have yet to get it off the ground, it could be held on another day if wished, maybe Tuesdays would suit the exercisers' lunching plans?

Last month I was pulling up the last of the beautiful spring tulips to make room for summer to the melodious strains of **guitar lessons being taught here Thursday afternoons; info Phone Tutor Codrut Mureson on 07467-459754**.

Don't forget to obtain your own Schedule for the IVINGHOE FLOWER AND VEG SHOW SEPT. 8TH so that you can grow or make your own entries over the summer, in time to make it a great event here in your Hub this Autumn! Obtainable online at our website: http://www.ivinghoeoldschool.com/wp-content/uploads/2018/03/HUB-SCHEDULE-and-ENTRY-FORM-for-8th-Sept-Show-2018.pdf – or hard copy from the Hub cloakroom and some local community spaces.

We continue to have many parties and other celebrations, teaching and learning users of all sorts, 'Simply Sing' 1st Friday each month at 4pm, the monthly crochet club on Saturdays, and the hall is bearing up to the heavy use well. Bob recently found a hole in the floor the exact size of a chair leg – but nobody knew a thing about its appearance! Somewhat abashed we have cut and sanded an old but strong floor-board and mended the space to continue as before. Maybe it's the same naughty Pixies who vanish our Hub's flower pot ash-trays, dog bowls, water-hose fixings, and Hayley's Tea-pots!

**CuriosiTEA Rooms will have** celebrated its 5th Opening Birthday in the last week of June so please raise a delayed coffee cup to our tenant Hayley Wesley and her Café team! Long may we be refreshed in these spaces daily and on occasional Pop-Up restaurant evenings! If vou remember it took the volunteers from within this community another few months to complete all the decorating and repairing of the other three classrooms and the rest of the Hub spaces, before we opened the entire Hub within our first Christmas Market in November 2013! So we too celebrate a fifth year of being your very own Community Hub space and we will celebrate this within our pre-Christmas Market in Nov 2018 - to toast in mulled wine our shared Community Old School Hub's good fortune (see you there). Naughty Pixies not-withstanding, we do still bask in the thought that you still value the Hub because it is often so busy with people just enjoying what it has to offer, almost as if it was always here!

This Community space is for hire

– it has great Victorian character,
refurbished by our village Community
for this Community's wider use.

The Venue is run with financial transparency by our 'not for private profit' registered charity - voluntary trustees for Community benefit and increased Community wellbeing. Spaces are at ground level for easy access, warm, and with restored Victorian varnished floorboards, comfy modern padded stackable chairs, fold away tables and ambient lighting - can swiftly adapt to all activities for all generations. A sound system and electrically operated projection screen, and associated black-out blinds are, like the pretty garden beyond, all available.

**WHOLE** Community Room (69.26sq.m) with retractable wall-screen midway-£12 for first hour and £10 thereafter per hour.

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Contact us or come in for a booking form, and our support for your plan.

IT Suite – Software includes Microsoft Office 2013 Suite; Photoshop C6; Skype with webcams and microphones; £2 per hour per PC one with 40" wall mounted monitor and speakers.

- 10p A4 b/w photocopy
- 50p A4 colour copy, 50p A4 lamination
- Booking IT Suite for small conference or meetings etc. £10 an hour.
- Personal IT tuition if requested!

Old School Community Hub, Ivinghoe www.ivinghoeoldschool.com
Tel: 01296- 661666
Email:Ivinghoeoldschoolcommunityh ub@btconnect.com
Ivinghoe Community Hub on Facebook.

# Our Hub run by this community for all

**HOW TO BOOK HUB SPACE**: Booking space within the Hub is easy but needs to follow through by the Hirer who:

- Approaches café team who man the Hub Diary 7 days a week at café counter or the Hirer approaches Trustee team via phone 01296-661666 or email lvinghoeoldschoolcommunityhub@btconnect.com
  - Half space £9/£7 per hour or whole hall £12/£10 per hour. (or an element of the IT Room after negotiation)
- 2. The process is explained by obtaining from either source a **vital Booking Form** which includes the extra special options bookable, the insurance cover and awareness of the hirers cleaning up obligations to be filled in and returned within 7 days and the fee paid if not then no later than 3 days before the date booked.
- 3. By this returned form and fee, the booking is made formal and then penned into diary which means it cannot be over-ridden or double booked This booking then translates to our 'digital diary' graphically charted monthly by Bob to ensure visual awareness of all bookings-posted on Facebook Page, web-site and email data-base, hard copy on Notice Board for Public viewing.

Join in with your DIY skills please! You are all so welcome to join in!

Have you ever thought about 'growing your own'? Growing your own fruit and vegetables can be a very satisfying experience and in lvinghoe we are very lucky to have some beautiful allotments just off Church Road, overlooking St Mary's Church.

If you are an Ivinghoe resident and would like some more information about availability of plots - we have them in a range of sizes - please contact the Parish Clerk at <a href="mailto:ivinghoeparishclerk@gmail.com">ivinghoeparishclerk@gmail.com</a>

NB: there may not always be an available plot but we do keep a waiting list!



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17

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DR CHARLOTTE FISHER

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# **Pilates Classes**

# **Ivinghoe Town Hall**

Thursday 7-8pm Friday 10-11am

Contact **Trevor** 07795 536022

www.movebetterfitnessacademy.co.uk



# **BVCL 100 CLUB**

Now in its 4th Year!

Come and join our many prizewinners and help to support your local Library.

Why not pick up a pack at the Library in lvinghoe? Or email

treasurer@bvcl.org.uk for further details and an online application form.

# A note from the Editor...

I very much hope that you are still enjoying reading the Ivinghoe Beacon magazine, it has changed a little since the Parish Council took over the production of the magazine.

We really want the magazine to be something you get pleasure from reading as well as a useful reference tool for local events and advertising.

We are always looking for new ideas to keep the magazine an interesting read, so if you have something that you would like to be considered for inclusion, please do get in touch!

Many thanks and happy reading.

**Bridget Knight** The Editor

ivinghoeparishclerk@gmail.com



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## ALL WELCOME

On the first Thursday of each month at 2p.m. in the Millennium Room at Pitstone Memorial Hall

We plan to reintroduce film shows on alternate months as soon as possible.

> Want more information? 01296 668005



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Ivinghoe Beacon Magazine

# The World has changed...

an you remember how you spent your free time when you were at school? The world has changed and so too have the hobbies and pastimes of young people who today have grown up in the age of information technology and computer networks.

Adults, in general, don't really know what they spend their time doing on the Internet nor do most of us understand the gadgets they play with. We have never heard of the bands they listen to online nor of their celebrities who are quickly becoming rich and enjoying worldwide fame.

As we read the papers we can't help but be aware of the extent of mental health issues amongst teenagers; we are told they are an anxious generation. And yet the media carry all sorts of other tales about knives, gangs, drugs and crime, somehow involving mopeds. We find ourselves at a loss to filter out what stories are being propagated as news to promote circulation. We are rightly concerned about the welfare of our young people but healthy concern can easily mutate into undue fear and anxiety.



20

A few week ago we invited those young people (school year 6 and above) who we know through St Mary's Church to the Vicarage. We enjoyed pizzas and garden games and tried to listen to them. We had some fun and heard lots of ideas about what we could do anther time. So we are meeting again at All Saints Marsworth on Sunday 22nd July at 5:30pm. We hope to go up the tower, try our hand at bell ringing and share a barbecue.

If you know any others of this age in lvinghoe who would like to join us then they would be very welcome. Email **me at revadrianmanning@gmail.com** so we know to expect them. And do also email if you would like to hear of what we, with them, plan to do next time we meet, probably in September.

### **Revd Adrian Manning**

Vicar of Ivinghoe and Pitstone



# 'Coffee, Cake and Crafts' at St. Mary's Church Ivinghoe







21

Friday mornings:

27<sup>th</sup> July and 31<sup>st</sup> August 10.30-12.00

Come and join us!



# Ivinghoe & Pitstone Chapel Fellowship

We are a small and friendly group of local Christians who meet to worship God in a fairly informal way, in song, in prayer, and with messages brought by a variety of local preachers. We meet on Sunday mornings at 10.30am in the Millennium Room at Pitstone Memorial Hall for services that last about an hour, followed by social chat over a cup of tea or coffee.

# ALLARE WELCOME

Why not come and join us?

# FIRST THURSDAY FRIENDS

Come and enjoy a family film on the first Thursday of each month.

Time 2pm (approx) 4.15pm in the millennium room

# **INTERESTED?**

If you would like more information please call:

01296 668005



### SATURDAY 8th SEPTEMBER 2018

Visit unique historic buildings, see beautiful countryside, get some exercise and have fun with the family!

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To help raise money for these wonderful buildings you will need to be sponsored by your friends and family (or just make a donation if you want), you can get sponsorship forms and details of churches open in Beds, Bucks and Herts from the table by the door in Church, or for more information,

http://www.rideandstrideuk.org/

### www.bucks-historic-churches.org

If you feel you don't want to walk or ride but would like to volunteer your time to welcome people to Ivinghoe Church, please fill out the form by the door in Church (available in August) or contact

Izzy Robinson 01296 660724



23

# **IVINGHOE HAND-BELLS**

We have a beginners group meeting fortnightly in the church ringing the beautiful hand-bells that belong to St. Mary's Church Ivinghoe.

If you missed the taster evening, and would like to have a go, or see and hear what happens it is not too late so please get in touch or come along to a Monday evening meeting. We have fun, a break for refreshments and experience the very special sound of our 139 year old bells.

Alex Wynne **01296 668336** 





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### We'd love to hear from you.

#### Alzheimers.org.uk

Alzheimer's Society operates in England, Wales and Northern Ireland.

Registered charity number 296645.









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29

Ivinghoe Beacon Magazine

# Method Heat oven to

; Total Entry Fee:

Total Number of Entries:

Email.....

Name.

Please submit entries with entry fees at the Hub, Winghoe Lawn, from 6.30pm-8pm on Friday 7<sup>th</sup> September 2018 OR between 9-10.30am on Saturday 8<sup>th</sup> September 2018. Entrants must set up their own entries (tent's displayed at owners risk): Judging will take place from 11am – 1pm; No entries to be removed before 3pm after which items not removed will be auctioned off at 3.15pm. Children's entries free, adult entries 30p each, one entry per person per class.



September 2018 Saturday 8<sup>th</sup>

**Show 2018** 



Blackberry/Raspberry & Apple

Lattice Pie

a little caster sugar.

A) 🍤 💉 🖀

Schedule and Entry Form

Ivinghoe Old School Community Hub

Show Opens 2.00pm

4 Eggs; 225g/8oz Caster sugar plus extra for dusting; 225g/8oz Self Raising Flour; 2 tsp Baking powder; 225g/8oz Margarine or soft Butter.

# Method Preheat the oven to 180C/350F/Gas4; Grease, line 2 x 20cm/8in sandwich tins; Break the eggs into a mixing bowl, add sugar, flour, baking powder and butter. Mix with electric mixer or wooden spoon. Divide the mixture evenly between the tins and bake for 25 mins. Cool on wire rack then spread jam on one cake, placing the second sponge on top and sprinkle with

# Victoria Sandwich

apples in pen and stage flour with a sugar, cinnamon, 2tbsp flour with a pinch of salt and place in pastry case. Roll remaining pastry trimmings into a square 30x30 cm. Cut 8 strips 3x30cm, weave strips over the fruit to create a succession and seal at edges. Trim Method Heat oven to 190C/170C fan/gas 5; Roll out 2/3 of pastry; line a 23cm loose bottomed tin , leave overhang, trim and reserve scraps. Chill tart for 10 mins, prick base with fork, fill with baking paper and baking beans. Bake for 20mins, remove beans and paper, bake for 10mins more. .....apples in pan and cook to soften, add attice pattern and seal at edges. Trim the overhang, brush the lattice with the egg. Scatter with more sugar then bake for 1hr until brown and bubbling. rub in butter, stir in the sultanas, sugar and then milk to get soft dough. Knead lightly on floured surface. Pat out to a round 2cm/3/4in thick. Use a 5cm/2in cutter to stamp out till all used. Brush the tops of the scones with a little milk. Bake for 12-15 minutes until risen. 55g/2oz butter; 25g/1oz sultanas; 25g/1oz caster sugar; 150ml/5fl oz. milk. 225g/8oz self-raising flour; pinch of salt; sheet. Mix together flour and salt and 220C/425F/Gas7 and grease a baking

# Set Recipes-Cookery

The Judge's decision is Final!

grown by the entrant.

Jars

Plants and flower entries to have been

2 tbsp. plain flour plus extra for dusting; 750g/1lb 10oz sweet desert pastry; 1kg cooking apples peeled, cored, silced; 400g blackberries or raspberries. 140g caster sugar- plus extra for sprinkling; pinch ground cinnamon; 1 egg beaten with 2 tbsp. milk.

Eggs from own poultry.

August 2018: Issue 106

- All vegetable, fruit and produce classes to have been grown by the entrant and presented on approximately 25cm plates where applicable. in the 12 months preceding the date of
- craft items to have been produced Cookery classes to follow where specified.
- All entrants to take note of MAXIMUM measurements for relevant classes.
- Rules

Winner Cups awarded for highest points gained in each section. Cups engraved with winner's name & award for one with winner's name & award for one year. Onion Cup is only for Class No. 10.

the Children's Section only, as in  $1^a$ . £1,  $2^{na}$ . 75p,  $3^{na}$ -50p. Certificates will be awarded in all adult classes for  $1^a$ ,  $2^{na}$  and  $3^{na}$  places. **Prizes** Cash prizes will be awarded for

# Classes

**18.** 2

sweet ᅌ

corn Husks on, grain

exposed

# Children's Section

# Age 8 and Under:

- Decorate a paper plate sunflower head. as ച
- Paint a pebble.
- 4 short bread biscuits

Bunch of culinary herbs. in any dimension.)

4 desert Apples

or trug, (maximum size 20inches kind. Displayed in a box, basket vegetable, maximum 3 of each

# 12 years Old and under.

- 4 Draw or paint a picture of a
- vase of flowers.
  3 lam tarts, 3 different
- flavoured Jam.

**26.** 6 Eggs.

**Flowers** 

**25.** 4 pears. **24.** 5 plums 23. 4 Cooking Apples

Section. Plants and

# an ice cream tub. Create a miniature garden in

# Vegetable Fruit & Produce to ALL ages.

These Sections are open

# 5 white potatoes.

Section

5 Coloured Potatoes

32. 5 Chrysanthemums, any 30. A bridesmaid posy.

1 flowering Pot Plant.

- tops tied. Onions up to 250g each
- 3 large onions tops tied.
- **11.** 9 Shallots.
- 12. 5 Runner beans
- Carrots foliage

cut to

35

30cms.

A vase of mixed seasonal

larger than 30cms. A table arrangement, no variety, displayed in a vase.

blooms, vase not to exceed

A sunflower display,

any

7.5cm.

beetroot -

foliage

cut

ᅙ

- 15. 2 Cucumbers

- .5 Tomatoes single variety.5 Cherry Tomatoes.

- 3 stems of flowering shrub 1 variety.

vase, hand tied... method of display - pot,

# Craft Section

feathers etc.). hoop, wire, wool, sequins Dreamcatcher ('found' smallish Make a traditional

**20.** Collection of up to 5 kinds of

A pair of any other vegetable

along length. section

- moving part. Automaton toy with at least one **49.** Make a simple safe
- Wonderlands tea party clay - suitable for Alice in cup and saucer in white air-drying 50. Design, make and decorate മ
- bouquet for someone stuck 51. Crochet or knit a mini flower indoors spray, as a broach or small
- 52. Hand or machine embroider a
- bird from a branch or root without injury! 53. Whittle a small mammal or tie or scarf as a 'get well' present.

 Specimen Rose.
 Specimen Rose.
 Specimen Rose. 27. Vase of mixed flowers.

displayed in a vase

- **54.** Paint or Draw a still life in any
- 55. Make from scratch medium, to make us smile. a small
- embellishment if necessary. **56.** Catch your own photograph added embroidery or felt wall hanging piece with
- media and haberdashery). beastie as a keepsake (mixed 57. Make a small fabulous bird or Buckinghamshire'

whose subject matter is 'Wilder

- Cookery Section.
- overleaf) raspberry jam. (see recipe A Victoria sandwich with
- overleaf) **38.** Blackberry or Raspberry and Apple Lattice Pie. (see recipe
- A shortbread round cut into
- out using a 5cm cutter pieces, any recipe.

  40. 6 fruit scones, any fruit, cut
- (see recipe)
- max) **42.** A vegetarian quiche (23cm
- vegetables

- 47. 6 sausage rolls from your own

# Parking will be open on the Lawn

with your entries!



Ivinghoe Beacon Magazine

**41.** 6 pieces of fudge any recipe

43. A jar of preserved fruit or

using gin or vodka (maximum **46.** A bottle of flavoured spirit

August 2018: Issue 106

45. A jar of jam. 44. A jar of chutney.

500ml).

Good Luck

# Ivinghoe Allotments **Tales** from the **Plot**



hope that all is well with you all and that you are making the most of these glorious sunny days and long evenings. The cold frosty winter is now forgotten although it did set the majority of gardener's behind with their planting. As we have seen at the allotment, with a bit of care and attention the plants have managed to catch up.

Everything around us (allotment site, golf course and the surrounding fields and hills) is a sight to behold. Lovely lush green colours –we are extremely fortunate where we live.

In the last edition of this magazine I mentioned the Broad Bean 'Express'. I was giving them a try as they were supposed to be very successful with a good yield. I did what I usually do, starting them off in pots in the greenhouse and then transplanted 10 healthy plants onto my plot. 'Express' is an apt name because within two weeks all the plants had whittled away to nothing. This is very, very strange. I took a good look at the plants and found that they had not been attacked by mice, slugs of any other creature so there lies the mystery!

Another veg I mentioned was the Asparagus Pea. I planted six plants on my plot having started them in the greenhouse and I am pleased to report that they are coming along nicely. They are an unusual plant with beautiful red flowers and would not be out of place in a flower garden. It is recommended that the pods are picked regularly while still young and tender and less that one inch

long. Simply steam the pods whole and serve with melted butter, no need for flavouring as it would spoil the delicate flavour which is similar to asparagus – harvest them July to September.

The various allotments look great with all the different plants and colours and it all seems to have come alive with all the good weather that we have had. I shall be harvesting my red and white shallots in the next week or so as the leaves have turned yellow and are beginning to wilt. It's best not to leave them in the ground too long after this process has started as if we have some rain there is a real danger that they would begin to rot. What you need for pickled onions is good crisp and crunchy shallots!

The first early potatoes can be dug up as required in the next two weeks (I'm writing this in the third week of June). Just imagine new potatoes, Asparagus Pea with melted butter and a nice leg of spring lamb.

There has been a little bit of a nuisance with the slugs, mice and pigeons appreciating my garden peas. One or two fellow allotment holders have also experienced this. The red and white onions, leeks, sweetcorn, courgette and butternut squashes are unaffected yet.

Looking at the fruit trees it looks like it will be a good year for gooseberries, blackcurrants, apples, pears and plums. They all have an abundance of fruit on them.

A date for your diary is **Saturday 8th September 2018** – the **Ivinghoe** 

**Flower and Vegetable Show** will be on at the Hub, Ivinghoe. Don't forget to enter!

Between the 13th and 19th August 2018 it is National Allotment Week and the theme this year is 'Living and Growing'. This aims to highlight the importance of growing your own food. The National Allotment Society would like to see everyone incorporating fruit and vegetable gardening in some way in to their lives; however small. Herbs on a balcony, an apple tree on a patio, strawberries in hanging baskets or tomatoes in a big pot by the back door ripe and ready to pop in a salad. Growing

at home can help people on allotment waiting lists hone their horticultural skills and raises awareness for children of how and where their food is produced.

We are planning on opening the allotment site to the public on Saturday 18th between 1.30 and 4pm. So, fellow allotment holders let's have you up there on the day to spread the word to visitors as to why we do it and take a good gardener's reference book with you in case you get a winger of a question!

Mind how you go...
Ernie Ivinghoe Allotmenteer



# **Allotment Diary**

ell what next? After a miserable winter, May and June were hot and dry. It was a race to see who could get their hose onto the tap first.

Most plots are now bursting with very healthy-looking crops. Personally, my onions look superb, potatoes will be harvested soon, hoping the pots below ground are as good as the foliage, runner beans and sweetcorn looking good, all gourds a little late this year but it will be nice if cropping is spaced out. I am keeping fingers crossed the extreme temperatures will not cause my winter veg to bolt.

It has been an exceptional year for soft fruit, bushes laden with red currants, black currants and raspberries. I am looking forward to a good supply of apples in the autumn.

I have had moderate success with my hatchings this year but very happy with my new additions.

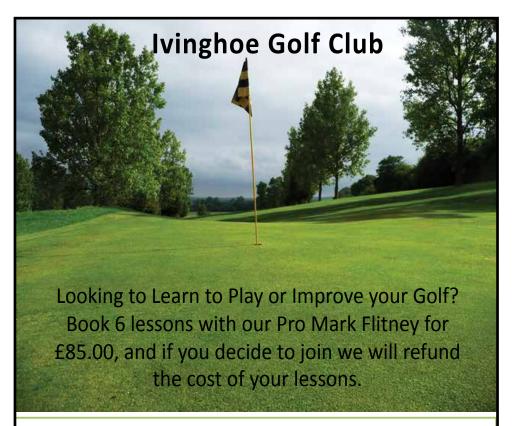
The allotments are looking absolutely beautiful in all their summer splendour, quite a peaceful oasis accentuated by the lack of traffic noise due to the closure of the Brownlow bridge.

Following on from Spring the wild flower meadow is now awash with Ox-eye daisies, Rose Campion and a splendid display of Orchids to name but a few of the varieties growing there.

This year **National Allotment Week** is from the **13th to 19th of August**. The Parish Council have once again agreed Ivinghoe Allotments can be open to the public on Saturday 18th August 1.30pm until 4.00pm so if it is a nice day pay us a visit.

Gloria





- Various Adult Membership schemes available starting from less than £8.00 per week.
- Junior Membership £99.00 or only £20.00 with a Parent holding 7 day Membership.
- Turn up and play Green Fees from £10.00 for 9 holes.

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For further details contact: Pro Shop: Tel: 01296 668696 Clubhouse: Tel: 01296 668696 E-mail: info@ivinghoegolfclub.co.uk www.ivinghoegolfclub.co.uk Looking for a local Venue for a Party?



33

Our Clubhouse is available for private hire for birthdays and celebrations.

Ivinghoe Golf Club, Wellcroft, Ivinghoe, Nr. Leighton Buzzard, Beds, LU7 9EF











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# **WEA** courses in Pitstone

### Literature course - Autumn term 2018

**Course starts:** 28/09/18 for 7 weeks. **Location:** Pitstone Memorial Hall on Fridays

from 10.00 am 12.00 noon.

**Cost:** £60.20

Course tutor: Peter Leyland

Course principally based on Canadian novels and reviews four novels and their authors: Margaret Lawrence – *The Stone Angel* (1964), Robertson Davies – *What's Bred in The Bone* (1985), Carol Shields – *The Stone Diaries* (1993), Mary Lawson – *The Other Side of the Bridge* (2006)

### Literature course - Spring term 2019

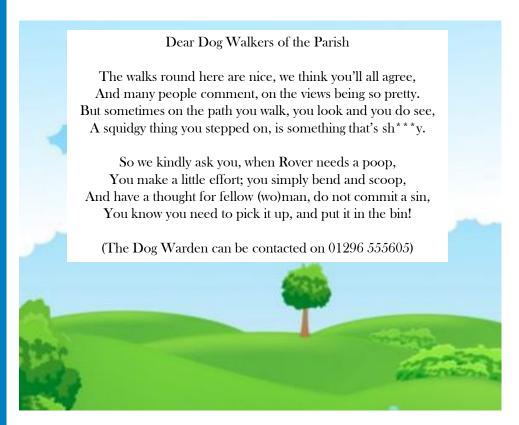
**Course starts:** 18/01/2019 for 7 weeks. **Location:** Pitstone Memorial Hall on Fridays

from 10.00 am 12.00 noon.

**Cost:** £60.20

Course tutor: Peter Geiler

European Literature - A study of four novels including works by Robert Seethaler and Albert Camus.



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# Ivinghoe & Pitstone's Windmill Pre-School

Windmill Pre-School in Ivinghoe is one of the top pre-schools nationally and highest rated locally



"Children make excellent progress in all areas of their learning and development because staff plan an outstanding range of activities..."

"Children have fun and are purposefully engaged in all areas of this dynamic setting.

They make excellent progress as staff recognise them as unique individuals..."

Source: Ofsted report June 2011

Morning session: 9am-12pm

Afternoon session: 12pm-3pm (includes Lunch Club)
Lunch Club: 12pm-1pm (subject to availability)

We welcome all children between 2 and 5 years from Pitstone, Ivinghoe & surrounding areas to our purpose-built premises behind Brookmead School five full days per week

#### IT'S NEVER TOO EARLY TO REGISTER YOUR CHILD

For further info and to arrange a visit for you and your child please contact us: admin@windmillpreschool.co.uk or 01296 661031 (during sessions)



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# **Brookmead School**

Headteacher: Katherine Douglas

# Bringing Learning to Life and Life to Learning

Our school is located in the beautiful Chiltern hills, which is something to be celebrated and shared. Established in 1967, Brookmead School provides a happy and stimulating environment that promotes an enjoyment and love of learning. We aim to enable all our children to reach their full potential, both as learners and as valuable members of our school and wider community.

Brookmead School is a Foundation Primary School for children aged 4 - 11 and serves the communities of Ivinghoe, Pitstone (including Castlemead) and Marsworth.

For further information or to arrange a visit please contact Mrs Kerr on 01296 668543 or email office@brookmead.bucks.sch.uk.

Brookmead School, High Street, Ivinghoe, LU7 9EX www.brookmead.bucks.sch.uk



Theme: Harvest

When: Sunday 23<sup>rd</sup> September

Where: St. Mary's Church, Ivinghoe

Time: 2.30-4pm

All families welcome for fun, food and all-age

activities

Contact: Sandra Green on 01296 668648

# Ashridge Ramblings -

# Volunteering

orry to keep banging on about it, but Ashridge is very special for biological, geological, historical, and recreational reasons. It's bigger than Monaco and Vatican City put together and is home to the largest tranche of chalk downland in the Chilterns as well as the largest area of woodland looked after by the National Trust.

Taking care of all of that is more than the Trust's staff can manage on their own, but Ashridge has an army of volunteers involved in conservation, biological surveys, maintenance, helping at events, welcoming visitors - even opening the Bridgewater Monument and Pitstone Windmill to the public. Anybody with a love of the great outdoors could find a role to enjoy and some roles are even suited to those with a love of the great indoors! Volunteering is a wonderful way to keep body and soul in good shape. I've retired, hence am in the fortunate position of having time to put into the things I enjoy, but there are plenty of valuable and fun roles for those who want to make the most of more limited freedom, some involving teamwork and some solo efforts.

On Sunday 2nd September Ashridge is holding an open day to welcome potential new volunteers and explain



more about the roles and how to get involved. Just turn up at the Visitor Centre at the top of Monument Drive anytime between 11am and 3pm to chat to members of the team, both staff and volunteers, about the different roles. There's something to suit everyone and it's a great way to learn new skills, share the knowledge and experience you have and meet new people.

As with most things in life, the more you put in, the more you get out so, if Ashridge is special to you, come along to the open day and find out how you can help keep it that way.

Rikki Harrington



www.mbbka.org.uk

# Your HELP! Honey Bee Swarms Are Very Important

Following the long winter of 2017-2018 and the late Spring, colonies of honeybees are under tremendous stress. In the wild the survival chance of a honeybee swarm is about 20%. Collected, and housed in a hive by a beekeeper, the survival rate triples. The MBBKA needs the help of everyone in the area to ensure we collect as many swarms this year as possible. If you see a swarm of bees please contact the MBKA on the swarm-line number below. We will send a beekeeper to collect the swarm and provide it with a new home.

Honey Bee Swarms: Swarms such as the ones pictured are merely Colonies that are in transition. Normally these Swarms are found hanging from tree branch, fence post or any place where the swarm can gather around the Queen while scouts are sent out to look for a more permanent home. A swarm left alone will only be in place from just a few minutes to a few hours and occasionally a few days. Generally, these swarms are very docile and the swarming Bees usually will not sting. Before Honey Bees swarm they gorge themselves with honey before leaving the hive. This makes it very hard for them to double over and sting.



What Causes Honey Bees to Swarm: Honey Bees have a natural instinct to create new colonies by swarming. They may also swarm through overcrowding or because an old queen is thought to be failing and they wish to raise a new one. Honey Bees usually swarm in early spring just as the colony is building up numbers in anticipation of the upcoming honey flow but swarming can happen through to late summer

It is difficult to predict if weather conditions will lead to a large number of swarms in a particular year. MBBKA members attended nearly 100 calls to swarms last year and are on standby to collect throughout our area in 2018

**If You See a Swarm:** The collection of swarms an important part of the work of bee keepers. You should never interfere with a swarm and pest control companies will not kill a swarm unless absolutely necessary.

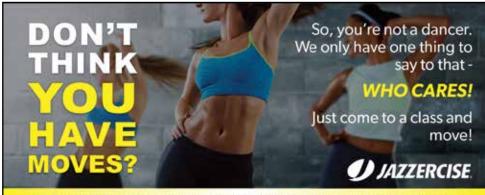
Please contact:

### MBBKA Swarm Hotline 07770370132

Brian Bush – Mid Bucks Beekeepers and BBKA Swarm Officer BBKA British Bee Keepers Association website http:www.bbka.org.uk



www.bbka.org.uk



DANCEMIXX • INTERVAL • STRIKE • FUSION • STRENGTH • CORE

**Cheddington Village Hall** Monday 7pm Tuesday 9.45am

**Pitstone Memorial Hall** Wednesday 7.30pm

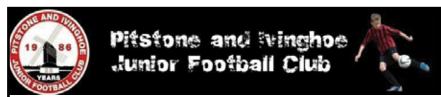
Wilstone Village Hall Mon & Wed 9.30am Tue 6pm Low Impact Thu (Lo) & Fri 9.45am Sat 9.30am

Goldfield Infants School Tring

Tue & Thu 7.30pm

Nora Grace Hall, Tring Wed 11.30am Lite class

Keri Donnellan - 07900 987230 Email: jazzercise1@hotmail.co.uk www.facebook.com/JazzerciseBucksBedsHerts



Girls football teams under 12s & under 14s school years 6,7, 8 and 9.

Want to have fun and fancy giving football a

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**Contact Matthew at** Chairman@pandifootball.net



9.30am	Wilstone Village Hall	
7.00pm	Cheddington Village Hall	
9.45am	Cheddington Village Hall	
6.00pm	Wilstone Village Hall (Low Impact)	
7.30pm	Goldfield Infants School, Tring	
9.30am	Wilstone Village Hall (Strength)	
11.30am	Nora Grace Hall, Tring (Low Impact)	
7.30pm	Pitstone Memorial Hall	
9.45am	Wilstone Village Hall (Low Impact)	
7.30pm	Goldfield Infants School, Tring	
9.45am	Wilstone Village Hall	
9.30am	Wilstone Village Hall	
	7.00pm 9.45am 6.00pm 7.30pm 9.30am 11.30am 7.30pm 9.45am 7.30pm	7.00pm Cheddington Village Hall 9.45am Cheddington Village Hall 6.00pm Wilstone Village Hall (Low Impact) 7.30pm Goldfield Infants School, Tring 9.30am Wilstone Village Hall (Strength) 11.30am Nora Grace Hall, Tring (Low Impact) 7.30pm Pitstone Memorial Hall 9.45am Wilstone Village Hall (Low Impact) 7.30pm Goldfield Infants School, Tring 9.45am Wilstone Village Hall



Contact Keri TEL: 07900 987230 EMAIL: jazzercise1@hotmail.co.uk WEBSITE: www.jazzercise.net/uk/



# Pitstone and Ivinghoe Junior Girls Football

he P&I Girls Football teams girls have just finished their 2nd season in the North Bucks Girls League. The girls play on Saturday mornings with members of the team from lvinghoe, Pitstone and Cheddington and surrounding area. The girls are a developing team who enjoy their football in a friendly and fun environment with the emphasis on having fun and making

friends. There are two girls' teams which are Under 12s and Under 14s (school years 6, 7, 8 &9).

If you are interested in playing football, having fun and making new friends get in touch, no experience needed. All our coaches are FA Level 1 qualified.

Email: chairman@pandifootball.net www.pandifootball.net.



# Ivinghoe & Pitstone United Cricket Club

n exciting start to the season, the 1st team sit top of division 3 of the Four Counties Cricket League at the midpoint and have a Heath Cup semi final coming up against Leverstock Green. The second team are in a season of transition looking to stay in division six and push forward in 2019. The colts are enjoying their games in the Aylesbury District Midweek League and can be seen every Sunday morning training hard at Pitstone Recreation ground. On Friday evenings you may have seen the Allstars racing around in their blue tee-shirts and baseball caps from 6.00 until 7.00 whilst Mum and Dad have drinks from the bar

and enjoy the sunshine and a beef burger. This is a great initiative from our national cricket body the ECB as an introduction to cricket for 5 to 8 year olds. We may have some future stars amongst us. We had a special visit from Twinkle the Allstars mascot on the 1st June which all the youngsters enjoyed. The season continues through to the first weekend in September with a game at the recreation ground every Saturday starting at 1.30pm. We have our Presidents and Chairman's day coming up in August, for more details of this along with club fixtures and events visit the club website at http:// ivinghoepitstone.play-cricket.com.

45



# **Bounce fit body**

ounce classes are now at Pitstone Memorial Hall in Pitstone! ((BOUNCE)) is minitrampoline fitness to music, using fun dance choreographed moves and HIIT style training to gain rapid results. You can burn up to 700 calories per class, and NASA have stated that we are "the most effective exercise vet known to man." Classes are running Monday's 6pm (child friendly) Wednesdays 9:30am (child friendly) and Thursdays 6:15pm. ((BOUNCE)) is for everyone, no matter your ability, size or age! The trampoline absorbs 87% of the shock so it is a low impact class, but it is 3 times more effective than performing the same moves on the ground! Child friendly classes mean you can bring your kids along with you and still get an effective workout in. Under 16s are welcome but they must be accompanied by an adult (the accompanying adult does not have to participate) and there is no upper age limit! We always provide simpler alternatives, so how hard you work is up to you!

### **Benefits include:**

- reduces body fat, improves body composition
- strengthens bones, helps prevent osteoporosis
- improves balance, agility and coordination
- strengthens muscles, improves endurance
- boosts the immune system
- improves aerobic capacity, heart and lung function
- boosts your mood and releases endorphins

Book via our link here https://bookwhen.com/bouncepitstone and like us on Facebook to stay up to date with news and events www.facebook.com/bouncepitstone. Feel free to email us bouncepitstone@gmail.com if you have any questions, and we look forward to ((BOUNCE))ing with you soon!



# ((BOUNCE)) BOUNCEFITBODY.COM

((BOUNCE)) is mini-trampoline fitness; it is a dance-choreographed workout programmed to gain rapid results via HIIT training.

And classes are now in Pitstone! Classes are running at Pitstone Memorial Hall.
Mondays 6pm-7pm (child-friendly)
Wednesdays 9:30am-10:30am (child-friendly)
Thursdays 6:15pm-7:15pm

Book online here: https://bookwhen.com/bouncepitstone

And follow us on Facebook for news and offers:

www.facebook.com/bouncepitstone

((BOUNCE)) is "the most effective exercise yet known to man." – NASA





Any questions? Contact Abi or Olivia: bouncepitstone@gmail.com

47

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# Councillor News from Anne Wight

elcome to the summer edition of the county newsletter. I hope everyone is enjoying the warmer weather, which has had the fortunate effect of allowing Transport for Bucks (TfB) to use the additional £1.234m which the county council voted in the spring to use towards high quality road surfacing to repair many of the roads around our division in the past few weeks. These include Lammas Road and the High Street near Cooks Wharf in Cheddington, Crafton in Mentmore, Horton Road in Slapton, and Lower End in Marsworth to name a few. In most cases, these are being repaired using the 'plane and patch' method, which provides a high-quality repair over a considerable road surface.

As I am sure everyone will have noticed by now, the Brownlow Bridge sustained damage from a driver who unfortunately drove into the side of the bridge in the middle of the night in May. While the Canal and River Trust are responsible for the repair, Transport for Bucks (TfB) will be upgrading the traffic lights while the bridge is being repaired and hopefully all work will be completed by the end of the school holidays if not before.

# New Role as Deputy of Education

I am also pleased to accept my new role as the Deputy Cabinet Member for Education, which makes something of a change from my role in Communities and Public Health.



Anne Wight
Bucks County Councillor
Ivinghoe Division

While I very much enjoyed my time working on Communities, I am now looking forward to working with Cabinet Member for Education, Mike Appleyard, and his team.

# Cabinet Meeting with the French Ambassador

It was a privilege for me to be able to meet the French Ambassador. M Jean-Pierre Jouvet, on his trip out to Buckinghamshire. M Jouyet is making a tour of the UK outside of London with a view to better understanding our local economies and, as part of this, he recently visited us at BCC. We had a lively and interesting discussion with him, and highlighted some of the key areas in which Bucks is continuing to innovate and grow, such as the space and film industries, as well as our more traditional industries such as farming and agriculture, and our wide-ranging entrepreneurial activities. One thing many of our residents might not realise is that more businesses are started in Buckinghamshire than in any other county in the country. Businesses in Buckinghamshire don't just survive; they actually thrive at a higher success rate than anywhere else in the country! This success has created the fastest jobs growth of any county in



M Jouyet is third from the right in the picture below, with me (right of him) and Martin Tett, Leader of the Council. on the left.

Britain. Hence, we managed to convey the message that post-Brexit, Buckinghamshire is very much looking to develop and expand upon trade opportunities with our European neighbours.

### **Healthwatch Bucks**

The recent Healthwatch Bucks meeting was held in Pitstone and I am glad to say it was fairly well-attended! For those who might not know, Healthwatch Bucks works closely with BCC and the NHS in order to improve patient care and experience. Marie-Louise Morley, who works in Communications at Healthwatch Bucks, has kindly provided this information for residents:

Healthwatch Bucks is an independent organisation that gives Bucks residents a voice to shape and improve local health and social care services. We're here to ensure that local views, ideas, concerns and experiences are heard at all levels of health and social care so that they make a positive difference to the way future services are delivered. We do this by listening to what people tell us about their local services. We then share this feedback with health and social care providers to help them understand what people think of their services. We also use it to help other residents see what people think.

As part of this work, we produce our own evidence-based reports on services, which

include recommendations based on the feedback we receive. We use these reports to influence, inform and, if necessary, challenge decisions of health and social care organisations.

Our work has helped improve the patient experience of health and social care services from GP practices and hospital services to care homes. We also have a signposting service where we provide information and advice about local health and social care services such as how to find a care home or get a dentist through the NHS.

As we are very keen to reach out and talk to all sections of the community, we spend a lot of our time attending local events in order to talk to people face to face. However, there are plenty of other ways that you can tell us about your experiences or views of local health and social care services such as by phone on **0845 260 6216** or by email on info@healthwatchbucks.co.uk.

If you prefer, why not go onto our website **www.healthwatchbucks.co.uk** where you can rate and review over 500 GPs, dentists, pharmacists, care homes and hospitals? While you are there, do subscribe to our newsletter and follow us on Facebook or Twitter.

### Dementia Friends

I recently attended a briefing session on becoming a Dementia Friend which I found especially informative and I am proud to say that I am now officially a Dementia Friend.

The Alzheimer's Society's Dementia Friends programme is the biggest ever initiative to change people's perceptions of dementia. It aims to transform the way the nation thinks, acts and talks about the condition.

Dementia is caused by a number of diseases that affect the brain. The most common is Alzheimer's, but diseases also include vascular dementia, dementia with Lewy bodies, and Pick's disease. The word 'dementia' describes a set of symptoms that may include memory loss and difficulties with thinking, problem-solving or language. These changes are often small to start with, but for someone with dementia they have become severe enough to affect daily life.

Whether you attend a face-to-face Information Session or watch the online video. Dementia Friends is about learning more about dementia and the small ways you can help. From telling friends about the Dementia Friends programme to visiting someone you know living with dementia, every action counts. A Dementia Friend learns a little bit more about what it's like to live with dementia and then turns that understanding into action - anyone of any age can be a Dementia Friend.

I have to admit that having had only limited experience of how dementia affects individuals and their families. the information session and workshop I attended was really an eye-opener. There are so many types of dementia, and everyone is affected differently. Dementia Friends are helping to change perspectives on dementia and it doesn't require an enormous time commitment eitheranything you can do to help from simply checking in on a someone with dementia to helping in many of the other small ways would be much appreciated! For more information, please check out their website: https://www.dementiafriends.org.uk

## **Registrars Conference**

I was honoured to have been invited to give the welcome speech at the recent Registrars Conference last month.

While Ivinghoe residents might know that the Registration Service provides a range of services which you would expect such as registering births, deaths and marriages, they might not know that there are over 80 venues licensed for marriages across the County, and the Service marries around 1,700 couples every year. They have a new website for couples to use and a variety of wedding packages to suit what people would like http://weddings. buckscc.gov.uk/

They also offer naming ceremonies for people who would like to welcome new children into the family, these are for new babies as well as adoptions or families coming together. Renewal of Vows ceremonies are also available, and these can be for couples at any time during their marriage, whether returning from a marriage abroad and wanting to have a ceremony for family and friends, or of course for special anniversaries such as 10, 25 or 50 years.

The Service also understands marriage isn't for everyone, so people wishing to be together but without legalities can have a Commitment Ceremony which allows people to show their love and intent to each other. None of these ceremonies have any legal standing, but are a great way to celebrate key life events.

For more information, get in touch via the website: https://www.buckscc.gov. uk/services/births-deaths-marriagesand-civil-partnerships/

## 80 years of Archives

In my final days in my role as Deputy Cabinet Member for Communities and Public Health, it was my great pleasure to have been invited to the celebration of 80 years of Buckinghamshire's Archives at the Centre for Buckinghamshire Studies. Laura Cotton, our current Archivist, is in the centre pic below, with me to her left, as we were about to cut the first slice of the



magnificent cake, cleverly designed in the shape of an archives record book. Previous Archivist, Roger Bettridge (right) also joined the celebrations.

According to the "History of the Bucks County Record Office, Aylesbury", Colonel Guy R. Crouch, Clerk of the Peace for the county, presented the case for the appointment of an Archivist, to the Standing Joint Committee of Bucks County Council. This is the event that triggered the establishment of a Record Office in Buckinghamshire, which has, evolved over the past eighty years to become part of the Centre for Buckinghamshire Studies.

It seems that the first storage spaces for records were four cells in the basement of

the Council building that fronted on to Market Square in Aylesbury. The cells had to be damp-proofed and fitted with steel shelving.

Once they had space to store records, the Council needed an Archivist to manage them. Mr Paul Dare was appointed as County Archivist on 16th May 1938. With a background in historical research. manorial archives and archaeology, Dare was judged fit for the role. He was found an office above the Archive cells. One of his first tasks was to arrange for the cleaning and storage of a large number of statutory plans that had been damaged by damp. Dare also had to ensure that the conditions in the cells were optimal for the preservation of the documents, as we do in our strong rooms today.

Do please drop in and visit the Centre for Buckinghamshire Studies if you have some time and would like to learn a bit more about our cultural heritage and local history.

### **Anne Wight**

Bucks County Councillor, Ivinghoe Division.

# From **District Councillors**

# Sandra Jenkins and Derek Town

## **Unitary Update**

Following a recent meeting between the four District Leaders and Bucks County Council leader. Regardless of the final decision by the Secretary of State on unitary it's obvious there'll need to be some close working between all authorities so that when it happens they can hit the ground running when that decision is made. The timescale could be tight and any work they can do beforehand will put the new organisation in a much stronger position to align services. There was a consensus that. whichever proposal is adopted, this new local authority must endeavour to provide value for money to our residents.

## The New Homes Bonus (NHB)

The NHB scheme has continued to allow AVDC to pass on some of the funds received from Government to local communities. AVDC is one of only a handful of LAs who pass on NHB to communities - the rest use these funds to shore up their revenue budgets.

Local benefits of the NHB are the Marsworth- Pitstone pathway and Ivinghoe Lawn replacement 'iron railings'. There is a small group of local residents currently working on an application to the NHB panel to secure funds to refurbish and extend the Cheddington Recreation ground pavilion. To those who are aware the pavilion has been deteriorating internally and externally for a number of years and is in need of updating and renovation.



As clarification, following a number of comments about the Pitstone -Marsworth pathway, the majority of which have been very positive, a few have asked why this funding could not have been spent on fixing potholes and road improvements. The answer is that this money is strictly controlled and targeted at improving communities where new houses have or will be built (please note, not just the immediate settlement) to improve amenities and in some cases compensate and accommodate for an increase in resident numbers.

# Help shape the future of **Aylesbury Garden Town** through new website

A new website has been launched giving people the chance to have their say, as Aylesbury evolves into a Garden Town. The site, which can be found at www.aylesburygardentown.co.uk also

has a detailed overview of the project, information about the organisations overseeing it and responds to frequently asked questions.

Aylesbury received Garden Town status from the government last year. It recognised it as one of the key places for growth in the UK and brings the opportunity to receive extra funding to put in place the right infrastructure, facilities and leisure spaces, alongside new developments.

This summer, work will begin on the Masterplan that will provide the framework for the future of Aylesbury Garden Town, through to 2050 and beyond. Liaising with the local community, to hear their views, is at the heart of the programme and in the last couple of months, a series of forums have been held with residents. developers, community representatives, local stakeholders and partners. The feedback from these workshops will help inform the Masterplan. Visitors to the new website can also now get involved and comment on what they'd like to see, by clicking on the 'Have your say' section.

The Aylesbury Garden Town project is a partnership between Aylesbury Vale District Council, Buckinghamshire County Council and the two Local Enterprise Partnerships (Buckinghamshire Thames Valley and South East Midlands). Find out more about Aylesbury Garden

Town and sign up for updates at www.aylesburygardentown.co.uk

## **AVDC** support for rough sleepers boosted by government funding

Aylesbury Vale District Council (AVDC) has been successful in securing almost a quarter of a million pounds of funding from central government to provide immediate support for rough sleepers in Aylesbury Vale.

The funding will boost the support available to people living on the streets and help them into accommodation. It will also increase the amount of assistance that can be offered to those at risk and sleeping rough during the winter months. AVDC will be working closely with homelessness support agencies and charities in the Vale to develop innovative support solutions and provide sustainable accommodation for those sleeping rough. This will include providing emergency accommodation and assessment as well as support for people with mental health and substance misuse issues to help them sustain tenancies in the longer term.

The Housing Secretary's full statement on funding to support rough sleepers can be read here: https://www.gov.uk/ government/news/iames-brokenshireannounces-30-million-immediatesupportfor-rough-sleepers.

### Bin collection days in Aylesbury Vale are changing for many customers

Aylesbury Vale District Council (AVDC) is already gearing up for major changes to its recycling and waste collection service which will start this September.

AVDC is making some vital improvements to all its collection rounds; recycling, general waste, food and garden waste.

As a result, most customers are likely to have a change of bin collection day. Last year AVDC introduced a new state-of-the-art vehicle fleet to increase round capacity and fuel efficiency. The next stage of ongoing improvements is the redesigning of customer collection rounds in order to future-proof the service as the number of new homes in the district grows.

A social media campaign and radio campaign, together with direct mail, will get the message out to customers across the Vale about the changes starting on Monday 3 September.

A letter explaining the day changes will be sent to all households across the Vale during midAugust, along with a new bin collection day calendar. The

frequency of household collections will not change; with recycling and general waste collected on alternate weeks. garden waste collected fortnightly and food recycling collected every week.

An average of 40.000 bins are collected every single day in the Vale - it's a massive operation which affects every household in the district. This is why AVDC is giving everybody plenty of notice and using as many ways as we can to let people know about the possible change to their day. The changes will help ensure that the council continues to deliver the most cost efficient and cost effective waste service as possible.

For all the latest news and updates on your recycling and waste collection service, visit www.aylesburyvaledc.gov. uk/recycle.

Derek Town - 01296 661637 dtown@aylesburyvaledc.gov.uk

Sandra Jenkins - 01296 668587 sjenkins@aylesburyvaledc.gov.uk

District Councillors for Pitstone and Cheddington Ward



# Your local **Councillors**:

### Cllr Karen Groom

Areas of Responsibility: Allotments, Beacon Magazine. Beacon Villages Library, Conservation Area, Footpaths and Bridleways, Parish Maintenance, Ivinghoe Aston Village Hall, Lawn Hire, Lawn and Trees, National Trust/Chiltern Soc., Planning

Add: Willowdene Farm, Ivinghoe, LU7 9EA Tel: 01296 668326 or Mob: 07882 3562411 Email: karengroom@hotmail.co.uk



### **Cllr Pat Roach**

Areas of Responsibility: Health, Community Impact Bucks Liaison, General Parish Maintenance, Lawn and Trees. Local Area Forum Add: Church View, Church Road, Ivinghoe LU7 9EU Tel: 01296 668482 Email: p.g.roach@hotmail.com



#### **CIIr Claire Bamber**

Areas of Responsibility: Conservation Area, Human Resources (Clerks employment and training), IPC Website and Social Media (inc Facebook and Twitter). Planning Sub-Committee, Police Liaison, Streets, Street Lights and Highways (inc Traffic Calming), Grants and Fundraising Add: Bruce Grove House, Great Gap. Ivinghoe. LU7 9DZ

Tel: 01296 668134 or Mob: 07711 107 114 Email: claire.bamber@btinternet.com



### Mrs Bridget Knight

Clerk to Ivinghoe Parish Council Add: Parish Office, Ivinghoe Town Hall, High Street, Ivinghoe, Bucks LU7 9EP Tel: 07960 605393 Email: ivinghoeparishclerk@gmail.com



#### **CIIr Andrew Dicker**

Areas of Responsibility: Allotments, Finance Add: The Old House, 38 Station Road, Ivinghoe, LU7 9EB. Tel: 01296 668444

Email: andrew.dicker31@gmail.com



### **Cllr Anne Wight**

Bucks County Councillor Ivinghoe Division Add: 31 Redwood Drive, Wing, LU7 0TA Tel: 01296 682955 Email: awight@buckscc.gov.uk



### **Cllr Stephen Lott**

Areas of Responsibility: Beacon Villages Library, Footpaths and Bridleways, Ivinghoe Aston Village Hall, Lawn Hire, Local Area Forum, Playgrounds (Ivinghoe and Ivinghoe Aston), Police Liaison, Town Hall Committee Add: 2 Yew Tree Close, Ivinghoe, LU7 9ET. Tel: 01296 668897

Email: sil@linlev-lott.me



### Cllr Sandra Jenkins Tel: 01296 668587 Email: sjenkins@aylesburyvaledc.gov.uk



#### **CIIr Anna Stone**

Areas of Responsibility: Education, Footpaths and Bridleways, Town Hall Committee, Grants and Fundraising Add: Willowdene Farm, Ivinghoe, LU7 9EA Tel: 01296 668326

Email: annastone92@hotmail.co.uk



#### **Cllr Chris Poll**

District Cllr Edlesborough Ward Add: 43 Gooseacre, Cheddington LU7 OSR Tel: 01296 663 737 Email: cpoll@avlesburvvaledc.gov.uk



#### Cllr Sheena Bexson

Areas of Responsibility: Community Impact Bucks Liaison, Planning sub-committee, Play Areas (Ivinghoe Aston & Ivinghoe), Streets, Street Lights and Highways (inc Traffic

Email: SBexson@automotive-property.com



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